

Motto:

“Leading to a Better Community”

2026- 2027 Officers

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President's Message



Dear Altrusans,

We are in the final days of the summer months and it's sad to see them go. I love the fall but I'm not ready for the “bbbeer” months. I see a lot of you have been having a fabulous time though. Thank you for sharing photos for the newsletter.

Our Summer Planning meeting went very well I believe. We discussed our fundraising events for the year, starting with the Psychic Fair in October at the Rockland VFW and another meat raffle. Our service projects are really coming along. Yes, projects! The service committee will be working to get three more Memory Kits to Bridgewater Senior Center by the end of the year. With Pat's generous donations of books, they've planned a book give away at the Bridgewater Farmer's Market on Sept. 5th and possibly attend another event in Brockton the following weekend.

I hope all of you have had a chance to look over the great minutes Gizela sent out on Aug. 2nd. Please note that the club members in attendance voted to move our business meeting start time to 11am – 1pm. I feel like we are moving in the right direction to get the club back into our communities and this cannot be done without you. Every member has a voice in this club, and I encourage you all to be part of the discussion.

In Service,
Jenn

Business Meeting

3rd Sunday of the month
11am-1pm
Bridgewater Cable Access

Dinner Meetings

1st Friday quarterly
6 P.M. open menu!
The Meadow Brook Restaurant
Hanson, MA

Altrusa Chronicles

Highlights and recommendations from our members
on books, restaurants, travel, and more.

Travel was on the menu for many Altrusans.

Andrea spent her birthday in Italy and sent us some pictures.

The Birth of Venus



Statue of David



Vittoriano



Ceilings in the
Vatican



Bellissimo



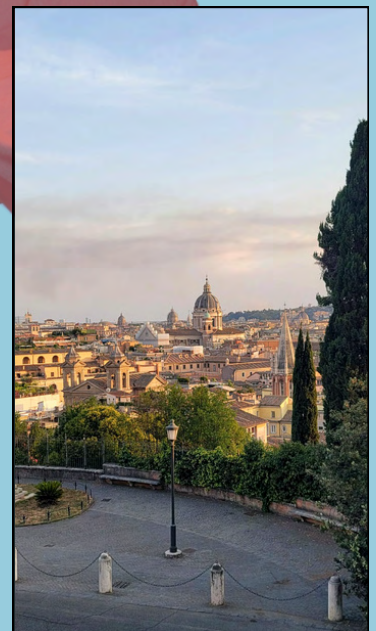
Bhorgese Museum in
Rome



Beach between Rome
and Naples



Skyline of Rome with St.
Peter's Basilica



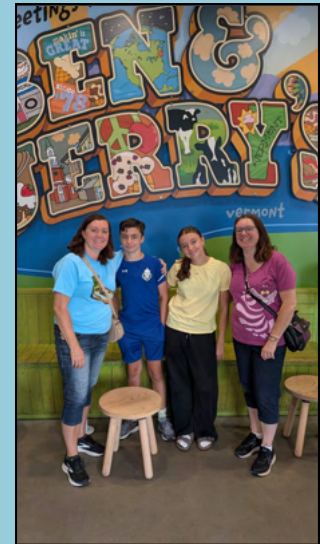
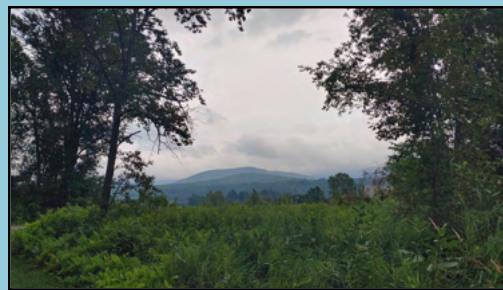
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Jenn made it to Stowe, VT and Ohio.



von Trapp Family Lodge & Resort



OHIO



Airborne Paratroopers before
and after



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In July, Lucia and her husband were cruise bound on the MS Polarlys
and discovering the beauty of Norway.

(Newsletter Editor improvised images for Norway)



Tromsø Cathedral



From Sue: Elvis impersonator we saw on the Songo River Queen out of Naples, Maine. I went up to visit my friend at Point Sebago for a long weekend. He typically performs with a 10-piece band, but there wasn't enough room on the boat. His name is Dan Fontaine and he's from Worcester, MA. There were even groupies who followed him around who drove up from MA that day to see him.



Altrusans Getting It Done

Summer Planning Session

July 12, 2026

10:00am – 12:00 pm

Thank you to Pat for hosting us.



**TEAMWORK MAKES
THE DREAM WORK**



The Service Committee successfully delivered one memory kit to the Bridgewater Senior Center on July 20.th We will be providing three more to the center by the end of the year. Thanksto the grant from the Bridgewater Mass Cultural Council.





Hot off the Press



The world came to the United States this July for the Fifa World Cup. One of our members would like to share how special that month and competition was for her and a community in Plymouth County.

If you were watching this summer's World Cup, you probably heard the name Cape Verde, maybe for the first time. For those of us with roots there, it was a moment we'll never forget.

For as long as I can remember, saying, "I'm from Cape Verde," meant pointing to a map and explaining that it's a nation of ten small islands off the coast of West Africa, home to just over half a million people who somehow carry a whole ocean of pride. This year, we didn't have to explain anything. The world came to us.

In their first-ever World Cup appearance, the national team, nicknamed the Blue Sharks, became the smallest country in history to reach the knockout rounds. They didn't sneak in quietly. Cape Verde held eventual World Cup champions Spain to a scoreless draw in their opening match, then rallied from behind for a thrilling 2-2 draw against two-time champions Uruguay. A final 0-0 result against Saudi Arabia sealed their place in the Round of 32, an outcome almost no one saw coming for a team that entered the tournament ranked 67th in the world.

Then came Argentina. The defending champions, led by Lionel Messi, needed extra time to finally defeat the Blue Sharks. Fans around the globe embraced Cape Verde as the tournament's Cinderella story, and for a few incredible weeks, our tiny nation became the team everyone outside Cape Verde was rooting for.

For those of us with Cape Verdean roots, this wasn't just a sports story. It was the first time many people around the world learned where our country is. Watching *Good Morning America* talk about Cape Verde by name was surreal, something our community, near and far, shared together with immense pride.

So, here's to Cape Verde: to the fishermen, the grandmothers, and the kids in the street who play barefoot and dream anyway. To Vozinha in goal, forty years old, standing tall like our islands against the sea. To proving that greatness isn't measured by size. And to being small, yet finally being seen.





Friday, Sept. 11:
Dinner Meeting
6:00-8:00
The Meadow Brook Restaurant
1486 Main St, Hanson

Saturday, Sept 5.
Bridgewater Farmer's Market
and Craft Fair
80 Spring St. Bridgewater
2-5 pm

Sunday, Sept. 27:
Business Meeting
11:00-1:00
Bridgewater Access Cable
80 Spring St. Bridgewater

Saturday, October 17
Psychic Fair
Rockland VFW
22 Church St.
12-4 pm

Sunday, Oct. 18:
Business Meeting
11:00-1:00
Bridgewater Access Cable
80 Spring St. Bridgewater

Saturday, November 14
Altrusa District One
Fall Workshop
Kennebunkport, ME



April 23-25, 2027
Altrusa District One
Spring Conference
Freeport, ME

Sept. 7	Ann Jarvinen
Oct. 4	Kim Derosier
Oct. 22	Lorelei Modes