



September 2024

**ALTRUSA INTERNATIONAL OF GREATER BIDDEFORD SACO, MAINE, USA**

Email: [altrusabiddefordsacome@gmail.com](mailto:altrusabiddefordsacome@gmail.com)

President	Sandra McKenney	5 Grenier Avenue, Biddeford, ME	207-298-0561	<a href="mailto:rmckenney5@maine.rr.com">rmckenney5@maine.rr.com</a>
V President	Laura Cortright	P.O. 1376. Biddeford. ME	207-409-4375	<a href="mailto:llcemb@yahoo.com">llcemb@yahoo.com</a>
Secretary	Louise Berthiaume	3 Glenhaven Circle., Saco, ME	207-284-7136	<a href="mailto:louiseaberthiame@hotmail.com">louiseaberthiame@hotmail.com</a>
Treasurer	Rita Cote	P.O Box 8, North Waterboro, Me	207-602-8179	<a href="mailto:rita@jonescove.net">rita@jonescove.net</a>
Director	Ann Milliard	26 Lower Beach Road. Saco, Me	207-590-1449	<a href="mailto:acmrpm@gmail.com">acmrpm@gmail.com</a>
Director	Ruth Ann Mitchell	44 Blandings Way, Biddeford, Maine	282-1406/240-421-7905	<a href="mailto:ruthannmitch@aol.com">ruthannmitch@aol.com</a>
Director	Suzen Raven	10 Sokokis Road. Biddeford, ME	207-494-0055	<a href="mailto:suzenraven@gmail.com">suzenraven@gmail.com</a>
Editor	Lucille Prescott	45 Liberty Acres Drive, Arundel, ME	207-423-3533	<a href="mailto:lprescott@roadrunner.com">lprescott@roadrunner.com</a>

Website: <https://districtone.altrusa.org/biddeford-saco>

**Facebook: Altrusa International of Greater Biddeford Saco**



### President Message

Happy fall! Hope you all are enjoying the beautiful days, cool nights, and pumpkin spice everything! This is harvesting time, and during committee meetings recently, we had a great session with new ideas and plans. Our own harvesting so to speak! Fall looks to be busy for us with opportunities for book give aways and new projects too. As always, I look forward to working with you all in these endeavors. As Angus King would say, "Let's Get after it"!!

As always,

Sandy

## Altrusa Volunteer Hours

1.> Hours spent on any project which has to do with Altrusa, except Literacy.

> Hours spent in other activities where you wear your Altrusa Pin, and mention/discuss Altrusa.

>

> 2. Altrusa Literacy

>

> 3. Other Volunteer Hours

> Hours spent on any volunteer projects which do not meet the preceding criteria.

>

> 4. Random Acts of Kindness ALTRUSA SERVICE HOURS

Altrusa 167.5

Altrusa Literacy 0

Non-Altrusa 134.5

Random Acts of Kindness 125.5

\*\*\*\*\*

**“Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around.” By Leo Buscaglia-----Denise**

**Altrusa of Biddeford-Saco**

**Supper Meeting**

**Ferry Beach**

**09-09-2024**

**Committee Reports**

Treasurer's Report-Handout-1st page.  
Review of the budge on first page.  
\$370 from Micky Memorial was transferred to Foundation for the Nursing Students at Atlantic Heights in memory of Micky and her background as a nurse. In addition to Micky donation, we received 376.59, Camp Ellis, Pay Pal of unknown origin, Birthday benefit and donation in memory. \$493 Books. Expenses NAP & Comfort Care \$13.610.96 is our balance in budget.

Finance-Goal for fund raising was on second page of report, see hand out. Starting balance \$7987.56. Income on running balance \$422.24. running balance \$7122.88.

Membership- Sandy McKenney- Membership update. We need a meeting this month. Right now, we have a pamphlet for recruitment a brochure would be better. Orientation needs to be planed

Scholarship-Things are the same.

Handouts

Agenda

Accounting Spreadsheet/Budget

Membership List revised.

Call to Order

Introduction of Guests- No Guest tonight

Leaders in service- None

**Correspondence**

Note from 1st Parish Congregational Church Diaper Bank. Thank you not for pads and tampons. Originated with the Lincoln and us. Huge thanks for our generous support. Sanitary supplies save the young women money they can spend on other family needs. We also let them have baby items that are beyond our NAP sizes

Secretary's Report- Accept the Secretary's report August, with correction, moved Ann and second Wendy. Accepted.

Service-Ann. Harborfest was a success. There were dancing troupes performing and we were able to give them books as they came off the stage. Last group was a victim of the rain unfortunately. Overall community success. Needless to say, a lot of books were given away. A lot of adult books as well as children's books. Thanks for all the help and cooperation especially with parking.

Next up Pumpkinfest, Saco and Halloween, Biddeford noting that the event in Biddeford is on Halloween itself.

Communications-Denise, handed out a revised members list. The newsletter and National newsletter have gone out as well and please make sure you received them.

Facebook page has increased our exposure in the community. Sandy and Judy as well as other have been making sure we are connected. Announcements, activities, fundraisers and awards are being publicized. Most recently the announcement of the Hannaford flowers donation program went out and around on Facebook. Folks buy bouquets and Hannaford donates \$1 per bouquet to the dedicated organization. We made \$62 from the Biddeford store during August and for September we are the active organization at the Saco store.

Our work with the Foster Families of Maine included donations of school supplies and our participation at the party at Fort Williams was also mentioned on Facebook. Also our upcoming events at the Wardwell will be as well Please Share.

Recycling for Good will still accept pocketbooks for Women in Stress. This helps various groups they will also accept donations of basic toiletries and hygiene supplies. Discussion that hotels are moving away from small toiletries in rooms to big pump bottles. Please collect where you can. PS. Sandy and Louise have brought purses tonight for donation.

District-Rita, Altrusa received a check for \$ 51 from PayPal but the source is a mystery. Tried checking with them but they won't say who donated it to. We also go a Birthday Wish donation for 163.83.

District bulletin has gone one via email. Please check to make sure you received it. Please let Rita know by email if you did not receive it.

Workshop will be at Nonantum in November. Theme is harvesting ideas. Rows of the garden and coming up roses. Decorations will be Horns of Plenty to go with the harvesting ideas.

Thinking we can go to Staples for poster board get a Horn of Plenty design and folks can send idea and or write them on paper strips. It can be a sentence or just a word. Discussion, past a note, stickers on post a note, leaves, well that would be 80 leaves to cut out. Maybe buy them pre-done? More discussion. Wendy and Agnus will look into leaves. Louise mentions cricket but nobody has one.

Please note the District Bulletin has the application to fill out for conference. It will ask for your Name and district. Folks going to district for the first time will be at no cost, free. Including the meal at noon time. November 16th. Fill the form out by October 26th and first timers circle YES on the form for first time. If something does come up and you can not make it please update us so we can make adjustment for food and other resources. If you stay at the Nonantum the breakfast is included at no cost. The start time is 9:00.

Just to mention that during November The Nonantum waves fees for non-profits that hold events there. Their normal fee is \$1500 so it is a big deal.

Looking for Horns of Plenty to decorate the tables have four now. We can use fruits, apples, and other decorations. The above moved by Ann, seconded by Ruth, approved.

Upcoming Events, from agenda sheet

September 23- Program Meeting 6PM-  
(Finance) Coastal Health Communities  
Coalition

October 4- Service day at Bon Appetit

October 14 – Business Meeting Ferry  
Beach 6 PM

October 19- Pumpkinfest in Saco

October 28- Program Meeting at The  
Inn at Atlantic Heights dining room

October 31- Biddeford Halloween

November 16- Workshop at Nonantum

Respectfully submitted,

Louise Berthiaume

## September Birthdays



Denise Doyon 9/4

Louise Berthiaume 9/24

Jan Morrow

---

### Community News

Prepared by: Phyllis Dunitz

Leaders in Service: Dyer Library is collecting plastic bags that cannot be recycled in our weekly recycling. When they save enough they can be turned in for a Trex bench. They accept plastic bags, bread bags, paper towel and toilet paper wraps. They can be put in a box just inside the library or bring them to a meeting and I will collect them.

Phyllis

The Saco Pumpkin Festival is October 19th from 11:00 AM to 3:00 PM. We will need help for set up, take down and passing out books. Please sign up with Sandy

Altrusa will be passing out books 3:00 PM to 5:00 PM on October 31 in downtown Biddeford. Check with Sandy for location.

Watch for Nonantum workshop registrations.