

**Altrusa International of
Central CT, Inc.**

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Meetings

2nd and 4th Wed.
Wadsworth Glen
starting at 6:30 pm.

Presidential Prose

"If January is the month of change, February is the month of lasting change. January is for dreamers... February is for doers."

Marc Parent

Another busy month is on tap for the members of Altrusa Intl. of Central CT.

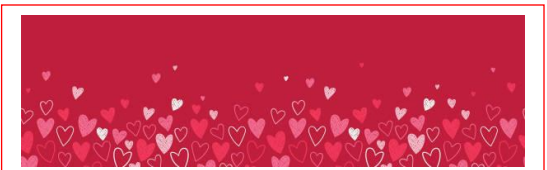
We start out on February 7th with a return visit to Shepherd Home to host a Valentine's Day party for the residents.

A lot of Committee work is done in February in preparation for the spring events on our Altrusa calendar. The Nominating Committee will confirm the continuing officers and secure nominations for the vacancies. The Mamie L. Bass Service and Letha H. Brown Service Award committees will be completing their award submissions. Applications for the Senior Awards will be emailed to the Senior Award Committee and poems will arrive for the Senior Citizens Poetry Contest.

February is a short month and there is a lot to be done, but we Altrusans our doers!

February dates to remember,
February 14th Valentine's Day
February 17th Random Act of Kindness Day
February 19th Presidents Day
February 20th World Day of Social Justice

With Thanks,
Lynne





Feb 07: Valentine's Day Party at 6:30pm
Shepherds Home

Feb 21: Business Meeting at 6:30pm
Wadsworth Glen

Mark Your Calendar

District One Conference
Andover, MA
April 26-28, 2024



MEMBER MEETING

Breakfast

February 20- Congressman Joe Courtney at
Sheraton Hartford South Hotel on 100 Capital
Blvd in Rocky Hill from 7-9am

Events

**February 9- March 13- Winter Wildlife river
cruises** at CT River museum on 67 Main Street
in Essex starting at 10 am with multiple time
slots each

Business After Work

February 12 - Water's Edge Resort & Spa on
1525 Boston Post Road in Westbrook from
5:00-7:00pm

Altrusa Accent at Upcoming Meetings

Feb 21 Kathy Burns
Mar 13 Linda Ring
Apr 10 Hilda Schmidt
May 8 Bonnie Laput

NOTE: If the scheduled member is unable to
present, please create your accent and ask
someone else to read it at the meeting. 😊

Birthday Wishes

No club member has a February birthday



happy
*Valentine's
Day*

2024 Valentine's Day Party

On Wednesday February 7th, Club Members revisited Shepherd Home and hosted an early Valentine's Day party. Cookies, candy, cupcakes, and brownies were enjoyed by the residents. Club Members that were able to attend were Liz Brantley, Bonnie Laput, Kathleen Didato, Pat Jackowski, Virginia Townes, Tiffany Shaffer, and Lynne Havlicek. Bars of Dove soap were given to Shepherd Home residents that attended the party.

We were serenaded by resident pianist Charles Thomas. What a treat to hear him play!

Lynne Havlicek



Upper Left: Bonnie Laput, Tiffany Shaffer, Yanira Agudo (Shepherd Home Case Manager), Pat Jackowski, Lynne Havlicek, Charles Thomas (pianist), Virginia Townes, Liz Brantley. Upper right: Charles Thomas aka "piano man". Lower three photos are club members with the Shepherd Home residents.

District Visitors

At our January 10, 2024, Business Meeting, we welcomed District One Club Visitors; Ann Lindner, 2nd Vice Governor and member of Litchfield County and Diane English, Member, Litchfield County.

Prior to our meeting we had an enjoyable dinner with Ann and Diane at the Athenian Diner. at Hilda Schmidt, Liz Brantley, Lynne Havlicek, Virginia Townes, Tiffany Shaffer, and Kathleen Didato were in attendance.

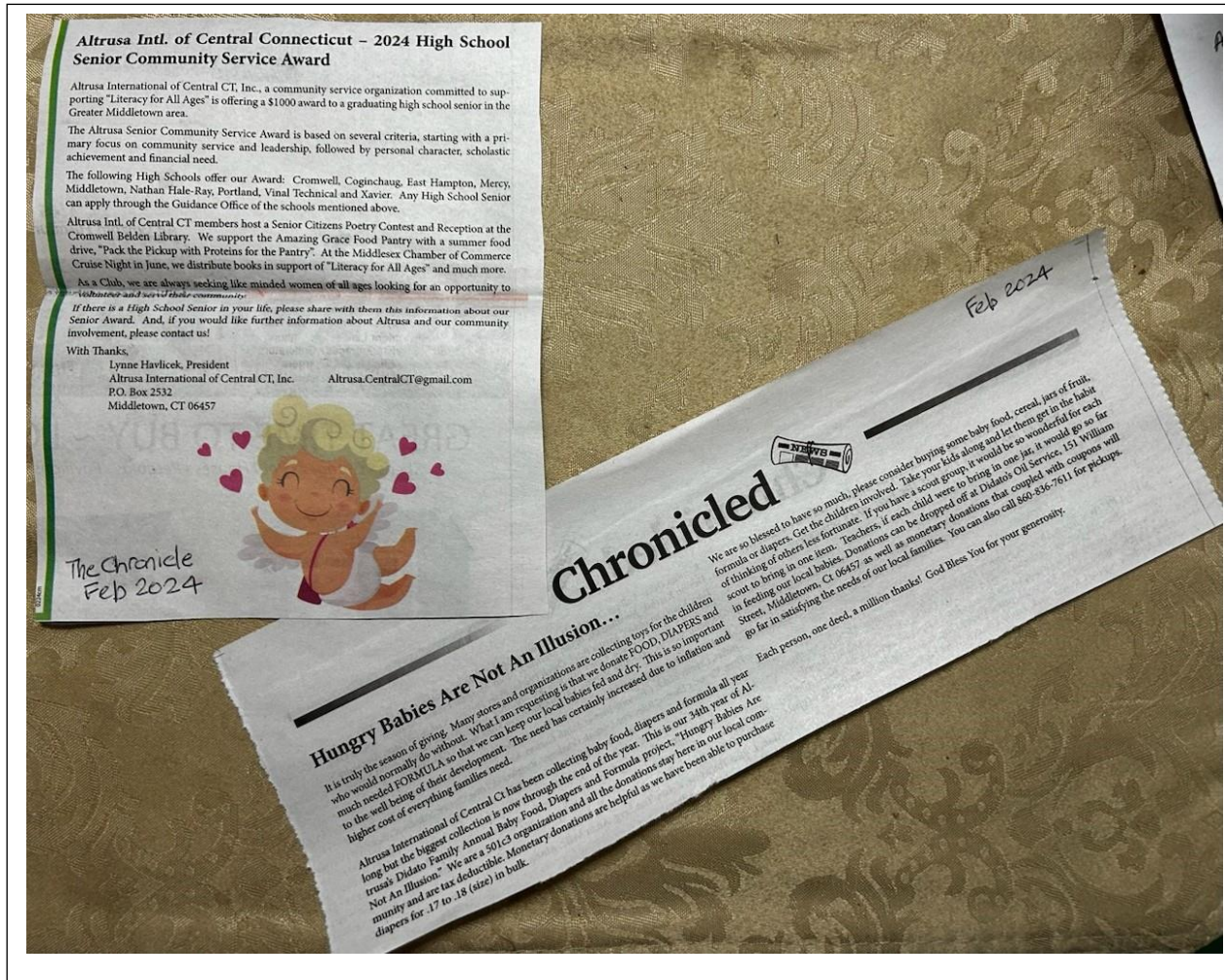
Ann told us about the Litchfield County Club and the projects and events they are involved in. She was very interested to hear about our Club and our calendar of volunteer events. She complimented our Club Meeting and thought it was very informative and well run.

Lynne Havlicek



Left to right: Lynne Havlicek, Ann Lindner, Jamie Santaniello, Diane English, Kathy Burns, Hilda Schmidt, Tiffany Shaffer, Liz Brantley, Virginia Townes, Cathy Boone.

Altrusa Central CT is highlighted in The Middletown Chronicle



Congratulations to all!

Altrusa Baby Food/Diapers/Formula Project: “Hungry Babies Are Not An Illusion”



Kathleen Didato delivering large size diapers to Kellie at The Amazing Grace Pantry.

Altrusa of Seacoast Call to Conference (Friday April 26 through Sunday April 28)

To the tune of Beverly Hill Billy's Come and listen to the story of the Seacoast Group The search was mighty tough, so we had to fly the coop.

If you listen mighty close, we can tell you what we found. A perfect place to meet as we gather all around.

Altrusa style..... Committed..... Fun..... and oh so Friendly. So, we're packing up our shells, to leave the shore behind. We're hoping you will follow; we'll have a grand old time.

We're moving out of Maine for the Conference soon to be. We'll see you further South at the lovely Double Tree In Andover that is..... Massachusetts.....The Bay State

Altrusa International

Altrusa International Logo Usage Guidelines

1. The minimum height of the logo is .75" (3/4")
2. A guide to the color palette is below and must be used whenever the logo is printed.
3. There should be clear space around the logo at all times, as outlined above. Whenever possible, the minimum clear space should be the same width as the letters "ALTR" in the word mark Altrusa.
4. Altrusa International Logo Dos and Don'ts:
 - Don't change the proportions of any aspect of the logo.
 - Don't turn the logo at an angle.
 - Don't add shadow or glow to the logo.
 - Don't place the logo on 'busy backgrounds.
 - Don't place the logo over a high contrast photo.
 - Never add elements (graphic or other types) inside of the logo and its clear space.
 - Do include the symbol ®.

Reminder on navigating the web...

Where can you find more information about District One?

<https://districtone.altrusa.org/>

Where can you find more information about Altrusa International?

<https://www.altrusa.org/>

February is Black History Month

Here are some interesting quotes ...

1. Never be limited by other people's limited imagination.
(Dr. Mae Jemison, First African American Female Astronaut)
2. Hate is too great a burden to bear. It injures the hater more than it injures the hated.
(Coretta Scott King)
3. The time is always right to do what is right.
(Dr. Martin Luther King Jr.)
4. Character is power.
(Booker T. Washington)
5. The soul that is within me no man can degrade.
(Frederick Douglass)

Kathy Burns

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