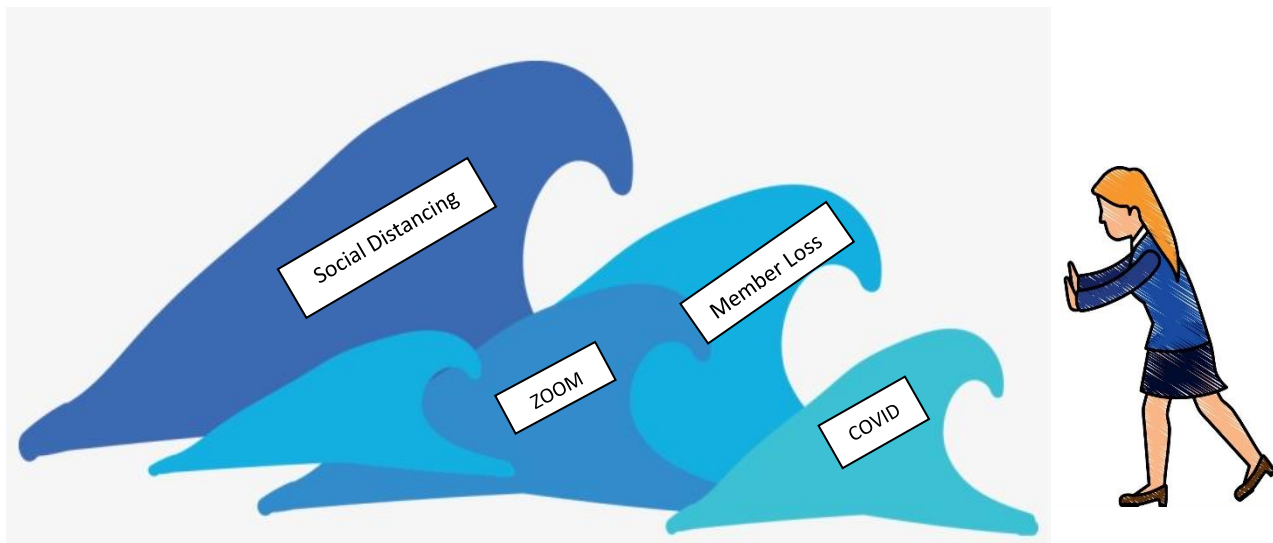




**Altrusa International Inc. – District One  
67<sup>th</sup> Annual Conference  
April 21-23, 2023  
Kennebunkport, Maine**



**Altrusa District One is  
Turning Back the Tide...**

### **ALTRUSA GRACE**

For this food before us spread  
For our steps in safety led  
For thy favor on our way  
Lord, accept our thanks today.

Pour cette nourriture en quantité  
Pour notre salut assuré  
Pour tes faveurs répandues en abondance  
Sur le Club Altrusa et ses membres  
Accepte Seigneur, notre reconnaissance.

### **ALTRUSA BENEDICTION**

May we go forth with high ideals  
To greet our fellow man,  
Be true to all Altrusa aims  
Until we meet again.

Puissions-nous poursuivre notre idéal  
et accueillir nos compagnes de façon amicale  
réaliser nos ambitions  
jusqu'à notre prochaine réunion

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## Welcome to Spring Conference 2023

Welcome to our District One 2023 Spring Conference. Your District Board, and the Biddeford-Saco Altrusa Club have worked hard to pull together another conference full of information and hopefully inspiration, with a lot of FUN in the mix.

This year is special because we will be electing a new District One Board. After the voting, we will be celebrating Rita Cote as our new Governor and meeting her Board and Committee Chairs. Be sure to attend the Reception on Saturday before dinner. It will be a good opportunity to mingle with the new District One Board.

Rita's Installation Ceremony will be after Saturday night dinner. Rita will officially be the new Governor and she will preside over the Sunday morning conference activities and then conduct her first Board Meeting, after the Conference ends.

The theme of the Conference is 'Altrusa is Turning Back the Tide'. This is a reference to the past 3+ years. We have been dealing with COVID issues, such as masks, sanitizing and social distancing. Not being able to meet in person has resulted in member losses. This past year, most local clubs have seen new member growth. Now, with the help of vaccines, we find that we can 'live' with COVID. Restrictions are easing up, and common-sense preventative care, like washing your hands and wearing a mask when not well (or around people who are not well) seems to be sufficient. And, of course, it is advisable that you keep up on your COVID vaccinations.

So, without restrictions, enjoy all the presentations at conference and have FUN!

*Pam*



**International Board Members**

Kathy Folley  
International President

Linda K. Smith  
President Elect

Chris DeVlieger  
Vice President

Germaine Vonderhaar  
Treasurer

Beverly Hardy  
Immediate Past President

Lisa Boyd  
International Director

Kitty Mc Elhaney  
International Director

Bettina Schempf  
International Director

Sue Whitaker  
International Director

**Ex-Officio Member**

David Mena  
Executive Director

**Foundation Representative**

Leslie Johnson

**International Board Consultants**

Patricia A. Woodward, JD  
Legal Advisor

Colleen M. Duris, PRP  
Parliamentarian

Donna C. Johnson, PIP  
BRR Chair

One North LaSalle Street  
Suite 1955  
Chicago, IL 60602-4006  
Telephone: 312-427-4410  
altrusa@altrusa.org  
www.altrusa.org

Dear Friends,

This is such an exciting time for you as you gather together once again for your 2023 District Conference. Conference is a great time to renew old friendships, make new ones, celebrate accomplishments, and complete the work of the District. But more than that, it is a time to enjoy being together as Altrusans.

If this is your first time attending an Altrusa conference, please let me extend a special welcome to you. You are in for a special treat and will leave more excited and energized about this amazing organization that you ever imagined.

As you are aware, many hours of preparation go into planning such an event. So please take a moment to thank your Conference Committee and your District Board of Directors for all their work pulling your event together. You are in store for insightful keynote speakers, informational workshops, and exciting award presentations.

Your International Representative is there to share information about what is happening on the International level and to share in the excitement of your Conference. If you have questions or concerns you would like brought back to me please find time to visit with her.

So on behalf of myself and your International Board of Directors we wish you a wonderful time this weekend. You will return to your clubs renewed, re-energized, and eager to do the work of Altrusa which is *Service to Others Leading to a Better Community*. I eagerly await hearing about the amazing things you are doing in your communities as you strive to live up to the mission of this remarkable organization. Never forget that what you are doing is making a difference, and never forget that ....

**UNITED WE CAN ACHIEVE MUCH!!**

*Kathy Folley*

International President  
Altrusa International, Inc.



**International Board Members**

Kathy Folley  
International President

Linda K. Smith  
President Elect

Chris DeVlieger  
Vice President

Germaine Vonderhaar  
Treasurer

Beverly Hardy  
Immediate Past President

Lisa Boyd  
International Director

Kitty Mc Elhaney  
International Director

Bettina Schempf  
International Director

Sue Whitaker  
International Director

**Ex-Officio Member**

David Mena  
Interim Executive Director

**Foundation Representative**

Leslie Johnson

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Patricia A. Woodward, JD  
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Dear Altrusans,

It has been a whole new experience for me this year as a new Executive Director. I have had the pleasure of speaking with many of you, and it has been very rewarding.

As you know, our office is in the middle of a transition. We have begun the difficult, yet exciting, process of moving. As we approach Conferences, I can't help but think about how they parallel our move. First comes planning and anticipation, and finally, a change. These events can be a challenge, but they bring about a chance to meet, exchange ideas, and gain perspective. With this opportunity, we're given the essential space to express, learn, and grow, which is my wish for you.

I hope you can attend District Conference with open minds and absorb the wealth of knowledge that will be presented to you. Don't forget to share your experiences with us. Also, plan on attending our International Convention. I'd love to meet as many of you as possible.

Above all else may you have an enjoyable time!

Thank you,

David Mena  
Executive Director



**Foundation Board Members**

**Leslie Johnson**

*Foundation Chair*

**Marie Pike**

*Finance & Vice Chair  
and Marketing Trustee*

**Linda Robison**

*Past Foundation Chair, Grants  
and Marketing Trustee*

**Susan Carpenter**

*Past Finance Chair  
and Marketing Trustee*

**Dana Vierck**

*Grants Chair, Marketing  
and Finance Trustee*

**Kimberly T. Abmeyer**

*Finance Trustee and Education,  
Development & Marketing Co-Chair*

**Karen Robinson**

*Grants Co-Chair  
and Marketing Trustee*

**Phyllis Corman**

*Finance Trustee and Education,  
Development & Marketing Co-Chair*

**Jane Hart**

*Anna H. Settle Community  
Leadership Award Chair, Grants  
and Marketing Trustee*

**Ex Officio Members**

**Martha Hardwick Hofmeister**

*Legal Advisor*

**Kantrice R. Rose, Ph.D.**

*Executive Director*

**Linda K. Smith**

*Association Representative*

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(312) 427-4410  
[foundation@altrusa.org](mailto:foundation@altrusa.org)  
[www.foundation.altrusa.org](http://www.foundation.altrusa.org)

Greetings, Altrusans! On behalf of the Foundation board, please allow me to say “we are delighted to welcome you to your 2023 District Conferences. We hope you will enjoy making memories with longtime friends and new ones too.

We are thankful for the time and talents your District Liaisons give to the Foundation. They are prepared to help answer your questions and share Foundation resources with you. You will have an opportunity to listen to them give updates on Disaster Relief Aid, 6 for 60 Challenge, the Debby Webber Fundraising Awards, Project Club Grants and how your district supported the Foundation over the past biennium.

Thank you to each and every one of you that have supported your Altrusa International Foundation at past conferences. Thanks to your generosity we have awarded over \$22,500 in Disaster Relief Grants since June, 2022. These grants assisted communities affected by the Floods in Kentucky, Sanctuary for Ukrainians, Nelson-Tasman Floods, Foodbanks in CA due to Flooding from heaving rains and rebuilding a school library in Kentucky. In November 2022, the Foundation awarded \$166,447.00 for fifty-seven (57) Club Grants and two (2) Club 21 projects.

During District Conference, please consider donating to our 2023 Foundation Fundraiser: 6 for 60 in celebration of the Foundation’s 60th birthday. This annual fundraising challenge kicked off on June 1, 2022 and finishes on May 31, 2023. All contributions received, across all programs, will be included to win service awards. First place winners will receive \$1,500, second place will receive \$750 and third place will receive \$500. The service awards will go to the Altrusa Clubs and Individual gifts count towards the club’s total. There two sets of awards based on club total contribution and Club Total Contribution per member.

During this conference or perhaps later in the year prior to International Convention, you shall be voting on delegates from your District to represent you at the Altrusa International Convention in July. Four new members shall be elected to serve as a Trustee for the International Foundation Board. The Foundation Board needs Grant Readers, members with financial accounting, bookkeeping or investment backgrounds as well as marketing experience.

I urge you to join or rejoin Club 21 or become a lamplighter or add another diamond to your lamplighter pin and join your fellow Altrusans in assisting the Altrusa International Foundation in continuing to donate to communities in need.

Thank-you for all you do for the Altrusa International Foundation. It is wonderful seeing your impact in your communities. Please keep sending your amazing photos, social media posts and newspaper articles in your follow up grant reports. They truly provide insight into telling our Altrusa Story.

We are wishing you a fantastic District Conference. Enjoy your time together!

In Altrusa Service,

Leslie Johnson

Chairman  
Altrusa International Foundation, Inc.



## Key Conference Information



### REGISTRATION

The Registration Table will be located in the  
Hotel Lobby  
Friday, April 21, 2023, 5:00 – 7:00 pm.  
Saturday, April 22, 2023, 7:00 – 9:00 am  
Saturday, April 22, 2023, 11:30 – 12:30 pm.

*Thank  
You*

### 2023 Conference Committee Chairs

Co-Chairs	Sandy McKenney Ann Milliard
Registration Welcome Bags Table Favors and Decorations	Host Club
Expeditors	Rita Cote
Conference Hands-On Service Project	Greater Biddeford- Saco Club



### VOTING (if needed)

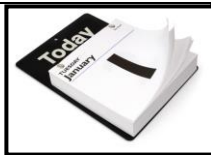
Saturday, April 22, 2023  
4:00 – 5:00 p.m.  
At Registration Table

### UPCOMING EVENTS

**July 19–22, 2023**  
Altrusa International  
58th Convention  
San Antonio, TX

**November 4, 2023**  
District One Workshop  
Sheraton Nashua, NH

**April 26-28, 2024**  
2024 District One Conference  
Andover, MA



### Key to Conference Color Dots

International Representative	Purple
District Officers	Blue
Past Governors	Orange
Delegates	Yellow
Alternates	Brown
First Timers	Pink
Presenters	Red
Host Club	Green

## International Representative to Conference 2023



**Linda K. Smith**  
**Altrusa International President-Elect, 2021-2023**  
**Altrusa International of Salina, Kansas**  
[presidentelect@altrusa.org](mailto:presidentelect@altrusa.org)

Linda K. Smith has been an Altrusan since 1990. She has been active in all levels of the organization. She first served as local President in 1992 and completed a second term in 2017. Linda has held most local offices and committee chair positions.

On the District level, Linda has served as Membership Chair (2001), Director (2002-2004), First Vice Governor (2004-2006), Governor-Elect (2006-2008), Governor (2008-2011), and Immediate Past Governor (2011-2013). She has also served several Governors as Parliamentarian. She currently serves as DSB Editor (a title she will soon happily relinquish after 8 years!).

On the International level, Linda has chaired some International Committees and served as International Director, International Vice President, and currently serves as President Elect. She will be installed as President in San Antonio TX in July 2023.

Linda is single and lives with her twin sister in Salina, KS, where they are both very active in community, state, and national organizations. Linda served as President of the local hospital auxiliary for 4 years and continues to serve as Scholarship Chair. She has also been President of two state-wide organizations, served 4 years on a national board, and recently completed a term as Chair of Humanities Kansas. She spends much of her time volunteering to make her community better! Professionally, Linda has worked at the Eisenhower Presidential Library for 51 years and will retire on March 31.

## Keynote Speaker



### **Ruth Libby**

**'Ruth's Reusable Resources', A Free Store for Teachers: Putting Business Surplus in Use in our Schools**

### 3R's Story

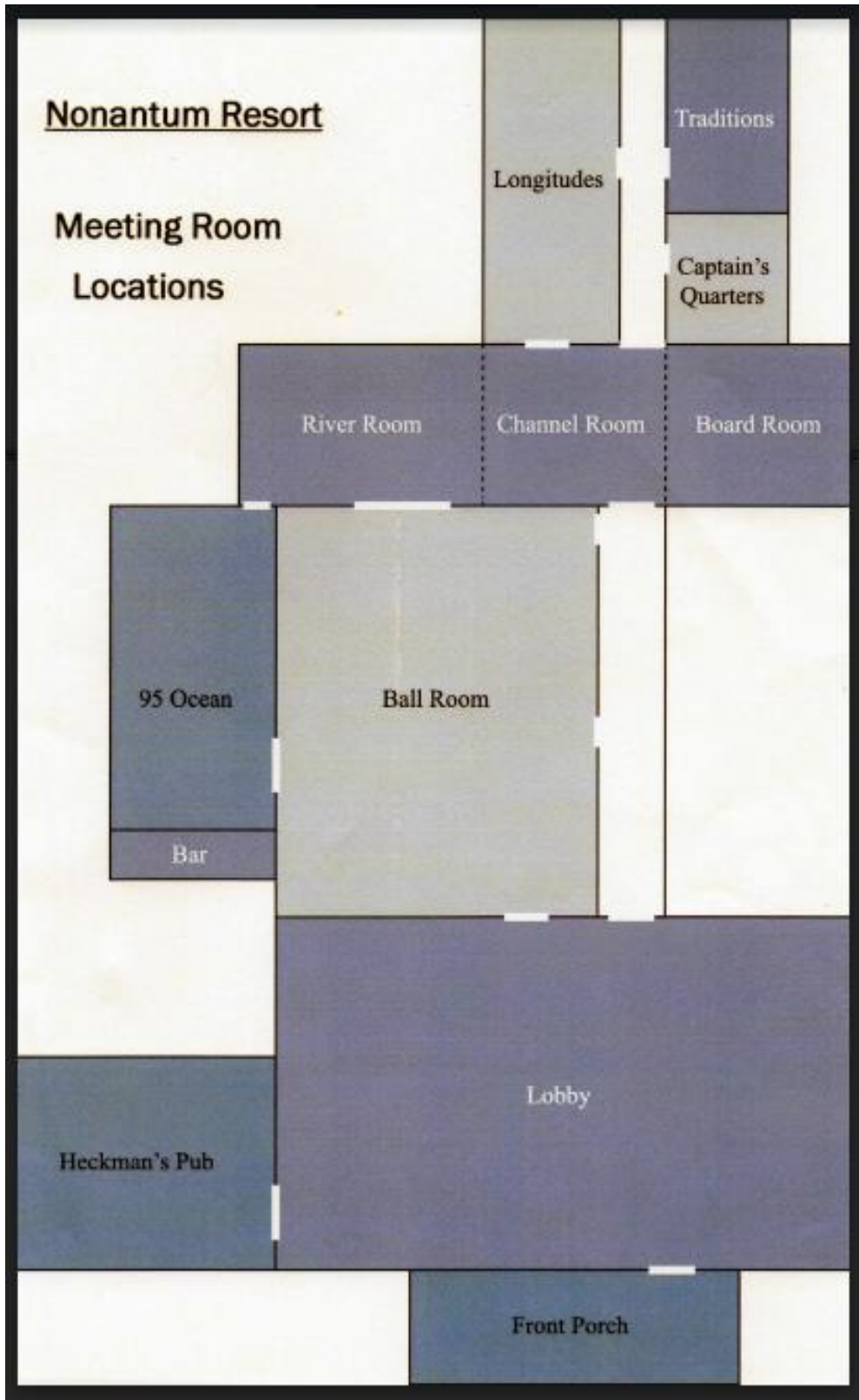
3R's (Ruth's Reusable Resources) is in its 26th year of service to schools and non-profits. Each day, throughout the school year, children in Maine attend school without needed pencils, paper, and other basic supplies. At the same time, businesses in Maine dispose of these same basic items. 3R's bridges the gap between business and education by transferring those unwanted supplies to children and their teachers. It is working! Since 1994, 3R's has given away more than \$84 million worth of surplus furniture, paper, books, office supplies and computers to schools and non-profits.

In the end, it's good for kids, education, the environment, and businesses.

Ruth's Reusable Resources mission is to ensure that all students, from Pre-K through high school, have the basic supplies and creative tools for literacy, STEAM, and health education through the environmentally conscious distribution of donated business supplies.

Their vision is to provide every Maine child with the variety and quality of supplies needed to succeed in school,

Resort Map



## **Meet the Candidates for 2023-2025 District One Board**

### **Governor Elect : Susan Porazzo, Plymouth County**

Susan brings her financial experience to District One. She has been on the District Board for two years and has served her club in many capacities including two terms as president. Susan enjoys her club's service in the community. The broad network of Altrusans and their good works gives her energy and hope.

### **First Vice-Governor : Wanda Pettersen, Portland**

Wanda brings her experience in human resources to District One. She has served as District One treasurer and held offices in her club including a current term as president. Wanda enjoys the club's literacy projects and likes sharing with like-minded Altrusans while giving back to the community.

### **Second Vice-Governor : Ann Lindner, Litchfield County**

Ann brings her experience as an educator to District One. She has served her club in many capacities and appreciates the focus on literacy and on the needs of women and children. Ann values the lifelong friendships she has developed in Altrusa while working on community projects.

### **Director : Susan Ulino, Northeastern Connecticut**

Susan brings her experience as an educator to District One. Susan has served as District One Leadership Chair and held many offices in her club. Currently, she is editor in chief of the club's newsletter. Susan values the opportunity to give back, loves the involvement in the community and is inspired by her fellow Altrusans.

### **Director : Penny Eldridge, Seacoast**

Penny brings her experience as an educator to District One. She served as District One Second Vice Governor (2017-2019) and Membership Chair (2019-2021) and has held many offices in her club. Penny enjoys the shared goals and friendship of Altrusans. She believes that flexibility is important to allow everyone to be involved.

### **Treasurer : Diane O'Reilly, Litchfield County**

Diane brings her financial experience to District One. She has held a variety of offices in her club and chairs many of the club's fund- raising efforts. Diane values the friendships and the opportunity to work together to give back to the community.

## Conference Rules

1. All Altrusans must be properly registered. Only registered Altrusans will be admitted to Business Meeting and Workshops.
2. Voting body at district conference shall consists of the District Board of Directors, regularly accredited delegates of the Clubs within the District and all Past Governors holding active membership in their respective local Altrusa clubs who may be present.
3. A majority of the members who are entitled to vote shall constitute a quorum and the act of the majority of the members present at a meeting in which a quorum is present shall be the act of the members of the District. (District One By-Laws, Article VII).
4. Delegates shall wear the delegate's badge and in the General Business Meetings shall sit in the section reserved for voting members. Alternates may vote only in the absence of their Delegates and in this event must sit in the voting section.
5. Only members of the voting body may introduce motions and vote, but both voting and non-voting members are allowed the privilege of the floor. Precedence is accorded to Delegates.
6. Anyone wishing the floor for making motions or for discussion must give her/his name and the name of her/his local club or office in order to be recognized.
7. Discussion is limited to two minutes for each speaker. No one may speak twice on a subject until all who wish to speak have had the opportunity. The maker of the motion shall have the privilege of closing discussions.
8. All motions shall be written, signed, and sent to the Chair upon request.
9. No motions shall be necessary to accept reports of Officers or Chairs except for the District Audit Report.
10. Advance Seating: Members shall be in their seats at least five minutes before the Business Meeting.
11. Communications: Only the Expeditors shall deliver messages.
12. The conference rules shall be adopted or suspended by a majority vote or rescinded by a two-thirds vote of those present and voting, with a quorum being present.
13. ***Please turn all cell phones to silent mode.***

Kitty Cunningham  
District One Parliamentarian

<u>Conference Credentials</u>					
Club Name	Max Delegates & Alternates	Saturday Delegates	Saturday Delegates	Sunday Delegates	Sunday Alternates
Bangor, ME	1/1				
Bermuda	1/1				
Carroll County, NH	2/2				
Central Connecticut	2/2				
Greater Biddeford-Saco, ME	2/2				
Greater Hartford, CT	1/1				
Laconia, NH	1/1				
Litchfield County, CT	2/2				
Meredith, NH	3/3				
Merrimack Valley	1/1				
Northeastern CT	3/3				
Plymouth County, MA	2/2				
Portland, ME	3/3				
Quebec	2/2				
Quincy, MA	1/1				
Sanford-Springvale, ME	2/2				
Seacoast, ME	2/2				
<b>Subtotal</b>	<b>31</b>				
District Officers *Note: Immediate Past Governor is counted as a District Officer	9				
Past Governors	13				
<b>Total Eligible Voters</b>	<b>53</b>				

<u>Conference Registration Committee Report</u>			
	Max #	Saturday	Sunday
International Representatives	1		
District Officers *	9		
Past Governors	<del>16</del> 13		
Members **Note: Includes District Officers, Past Governors, and Delegates	330		
Clubs Represented	17		
Guests			
<b>Total # Attending</b>			
<b>Total # Clubs Represented</b>			

# Turning Back the Tide

## Conference Agenda

When	What	Where
<b>FRIDAY, APRIL 21, 2023</b>		
2:00 – 5:00 pm	<b>Hands On Service Project</b> <ul style="list-style-type: none"> <li>Newborn Assistance Program (NAP)</li> </ul>	95 Ocean
5:00 – 7:00pm	<b>Registration Open</b>	Lobby
5:30 – 7:00 pm	<b>Pre-Conference Board Meeting (Officers Only)</b>	Traditions
7:00 – 9:00 pm	<b>Buffet Dinner</b>	95 Ocean
<b>SATURDAY, April 22, 2023</b>		
	<b>Pre-Conference</b>	
7:00 – 9:00 am	<b>Registration Open</b>	Lobby
7:30 – 9:00 am	<b>Breakfast</b> – free to attendees staying in hotel the prior night (others can purchase tickets in lobby)	River Room
7:40 – 8:00 am	<b>Flag Ceremony PRACTICE Session</b> – <i>Sarah Moore</i>	Ballroom
8:30 – 8:55 am	<b>First Timer’s Session</b> - <i>Linda Ring</i>	Traditions
8:15 – 8:30 am	<b>Delegate’s Briefing</b> – <i>Ann Marie Snyer</i>	95 Ocean
8:40 – 8:55 am	<b>Expediter’s Briefing</b> – <i>Rita Cote</i>	Lobby– near Registration
9:00 – 10:15 am	<b>First Business Session</b> <ul style="list-style-type: none"> <li>Flag Ceremony – <i>Sarah Moore</i></li> <li>Invocation – <i>Ann Milliard</i></li> <li>Head Table Introduction – <i>Pam Lemieux</i></li> <li>Welcome and Greetings – <i>Sandy McKenney</i></li> <li>Adoption of the Conference Rules – <i>Ann Marie Snyer</i></li> <li>Registration and Credentials Report – <i>Suzen Raven</i></li> <li>Nomination of New Officers</li> <li>Budget Presentation – <i>Wanda Pettersen</i></li> <li>BRR Discussion– <i>Pat Jackowski</i></li> </ul>	Ballroom
10:15 – 10:30 am	<b>Break</b>	



When	What	Where
10:30 – 11:10 am	<b>Message from International Representative:</b> <i>Linda K. Smith, Altrusa International President-Elect</i>	Ballroom
11:10 – 12:00 pm	<b>Memorial Service</b> – Christine Johnson	Ballroom
11:30 – 12:30 pm	<b>Registration Open</b>	Lobby
12:00 - 1:00 pm	<b>LUNCH – Club President assemble outside entrance to enter with their club banners.</b> <ul style="list-style-type: none"> <li>• <b>ASTRA Award</b> – Trish Maxim</li> </ul>	95 Ocean and River Room
1:00 – 1:30 pm	<b>Keynote Speaker:</b> <i>Ruth Libby – Ruth’s Reusable Resources</i>	95 Ocean and River Room
1:40 – 2:40 pm	<b>First Business Session – Continuation from Morning Business Session</b>	Ballroom
2:40 – 2:50 pm	<b>Announcements and Updates</b>	Ballroom
3:00 – 3:25pm	<b>Breakout Sessions –</b> <ul style="list-style-type: none"> <li>• <i>Treasurers Workshop</i> – Wanda Pettersen</li> <li>• <i>Who is Robert? And Why Do We Need to Follow his Rules? Parliamentary Procedure</i> – Ann Marie Snyder</li> </ul>	95 Ocean – Wanda Traditions – Ann Marie
3:30 – 3:55 pm	<b>Breakout Sessions –</b> <ul style="list-style-type: none"> <li>• <i>Stand Up and Be President: A Review of the Job for Incoming and Wannabes</i> – Susan Ulino and Rita Cote</li> <li>• <i>What is Your Book Club Reading? Come Share Your Favorite Book Club Selections.</i> – Susan Porazzo and Anne Rash</li> </ul>	95 Ocean – Sue and Rita Traditions – Sue and Anne
4:00 – 5:00 pm	<b>FUN-draising Fair</b> – Hilda Schmidt and Cathy Baybutt <b>Foundation Silent Auction</b> – Anne Rash	Longitudes and Captain’s Quarters

When	What	Where
6:00 – 7:00 pm	<b>Reception for International Representative and District One Past Governors – All are invited!</b> <b>Cash Bar</b>	95 Ocean
7:00 – 8:00 pm	<b>Dinner – Starts with Parade of Governors escorted to their table(s)</b>	Ballroom
8:00 – 8:35 pm	<b>Awards Presentation</b> <ul style="list-style-type: none"> <li>• Membership, Attendance – <i>Wanda Pettersen</i></li> <li>• Newsletter – <i>Denise Doyon</i></li> <li>• Governor’s Award – <i>Pam Lemieux</i></li> <li>• Governor Pam Thanks to Board and Committee Chairs</li> </ul>	Ballroom
8:35 – 9:30 pm	<b>Installation of Governor, Rita Cote, and her 2023 – 2025 Board</b>  <i>“Let’s Celebrate!!”</i>	Ballroom
9:30 – 11:00 pm	<b>After Dinner Celebration of New Governor, Rita Cote. All are welcome to drop in.</b>	Governor’s suite

SUNDAY, APRIL 23, 2023		
When	What	Where
7:30 – 9:00 am	<b>Breakfast</b> – free to attendees staying in hotel the prior night (others can purchase tickets in lobby)	River Room/95 Ocean
9:00 – 9:20 am	<b>Second Business Session</b> <ul style="list-style-type: none"> <li>• Registration and Credentials Report</li> <li>• Budget Questions</li> <li>• Election Results (if needed)</li> </ul>	Ballroom
9:00 – 9:20 am	<b>Second Business Session</b> <ul style="list-style-type: none"> <li>• Registration and Credentials Report</li> <li>• Any Unfinished Business</li> </ul>	Ballroom
9:20 – 9:50 am	<b>Awards</b> <ul style="list-style-type: none"> <li>• Mamie L. Bass Service Award – <i>Anita Chandler</i></li> <li>• Letha H. Brown Literacy Award – <i>Susan Porazzo</i></li> <li>• Nina F. Calhoun International Award – <i>Hilda Schmidt</i></li> <li>• Gabrielle Crepeau Leadership Award – <i>Susan Ulino</i></li> </ul>	Ballroom
9:50 – 10:10 am	<b>Stretch Break - Check Out?</b>	
10:10 – 10:30 am	<b>Foundation Presentation</b> – <i>Anne Rash</i>	Ballroom
10:30 – 11:20 am	<b>Interactive All Conference Leadership Session</b> – <i>Susan Ulino</i> “What Would YOU Do?” – Creative Problem Solving	Ballroom
11:20 – 11:35 am	<b>Call to Workshop in Nashua, NH</b> – <i>Merrimack Valley Club</i> <b>Call to Convention in San Antonio, Tx</b> – <i>film</i> <b>Call to Conference in Andover, MA</b> – <i>The Seacoast Club</i>	Ballroom
11:30 – 11:45 am	<b>Benediction</b> <b>Retire Flags</b> <b>Farewells</b>	Ballroom
12:00 – 1:30 pm	<b>Post Conference Board Meeting</b>	Traditions

## NOTE PAD

## District One Board Reports Pam Lemieux, Governor

The second year of my Biennium has been just as exciting and fun as the first year was. Immediately after the Conference in North Conway, upon the suggestion of Central CT Altrusan, Pat Jackowski, that District One assist the local clubs with their revitalization efforts, your District One Board worked to add an expanded Revitalization Grant to our District One Policies. So far, we have approved and issued grants to 3 local clubs in November 2022, and we have 4 clubs requesting grants this March 2023. These grants will finance efforts to grow and retain members with funds up to \$500 per Club and can be requested at least once in a 3-year period.

On November 12, 2022, District One sponsored the “Unraveling the Mysteries of Altrusa” Workshop. This Workshop held at the Courtyard Marriott in Cromwell CT was hosted by the Greater Hartford Altrusa Club. In addition to the Workshop Agenda that covered Service (Recycling for Good), Membership (Where to Find Potential Members) and how to share your projects (How to Write an Award Nomination), the Greater Hartford Club treated us to a mystery play. The Play was an original work, written by Dr Violet Sims and Andrea Sims. Then in the afternoon, we ended the day with an 'Expert Panel' to answer all your Altrusa questions.

Again, this past year the monthly Presidents' Council Zoom calls kept the District and the local club presidents connected with each other.

However, the best part of being Governor is doing Club Visits. This year I was able to attend two in-person club meetings. First on January 11<sup>th</sup>, I attended the Business Meeting of the Litchfield County, CT Altrusa Club. Their President Ann Lindner did a wonderful job leading the club in spirited conversations about their many projects. They inspired me. On January 18<sup>th</sup>, I followed up with another in-person club visit with the Plymouth County, MA Altrusa Club. Susan Porazzo conducted an efficient business meeting, reviewing details of their upcoming projects. Members actively participated and volunteered when needed.

In addition to my 2 in-person Club Visits I was able to Zoom in on Quincy, MA Altrusa Club on February 7<sup>th</sup>. Karen Mosman did an excellent job hosting this meeting. Quincy may be small, but they know how to get the job done! I look forward to watching them grow and continue to serve the Quincy community's needs. The next night, February 8<sup>th</sup> I joined the Central CT Altrusa Club on Zoom. Their President, Lynne Havlicek, conducted the business meeting with finesse. They spent time discussing plans for the Gerard F. Melito Senior Poetry Contest that was scheduled for April 1<sup>st</sup>. This year was their 30<sup>th</sup> year sponsoring this annual event. I was hoping to attend this year but couldn't pull it off. However, it will be on my calendar for next year!

My only disappointment over my biennium was that I was not able to keep the Bangor, ME Altrusa Club viable. Unfortunately, the Bangor Club is disbanding this year. We will miss them. However, it is my understanding that one or two of them intend to become Altrusa Affiliate members.

In closing, I consider it an honor to serve as your Governor over the past two years, but I could not have done it without the help of all of you. Thank You for the last two years. They have been FUN!

*Pam*

## District One Board Reports Rita Cote, Governor-Elect

My second year as Governor Elect has been busy and very informative. I have tried to learn as much as I can from Pam, our governor, and past governors to be able to successfully lead the District for the next two years. Time has flown by.

Both the workshop and the conference were great. Many interesting workshops, fun activities, and time to spend with many friends and fellow Altrusans. I look forward to district events to see old friends and make new ones.

I was assigned three club visits this year, Bangor, Quebec, and Sanford-Springvale. My hope as Governor will be to visit every club during my biennium.

Sorry to say Bangor has decided to disband. After they gave it much thought taking into account health and other considerations the decision was that disbanding was the best option. They had 6 members and will be missed.

I have not gotten to Quebec to do a club visit yet but hope to visit in May. Our schedules did not allow for a visit this fall and then winter hit.

The third visit was to Sanford Springvale. It was a great meeting with delicious food and a cookie swap. Thea ran a very effective meeting and everyone participating in a good discussion about District and district events. There were suggestions made about how to increase our numbers at district events. I will consider those suggestions as I become governor. All were encouraged to attend the conference in April at the Nonantum. They ended the meeting with a session called "Good News" where members could share any good news they had. What a great way to end a meeting.

I was also privileged to be invited to the Tri-Club birthday party for Meredith, Laconia, and Carroll County. It was a fun evening with a very informative speaker on scams, delicious food, and time to socialize with fellow Altrusans.

*Rita*

## District One Board Reports Susan Porazzo, 2nd Vice Governor

Hello everyone! This past year has been very exciting and busy. I started off the fall with a visit to Carroll County NH in October. Their guest speaker Mandy McDonald talked about the project, End 68 Hours of Hunger where they prepare food bags for school children to bring home over the weekend. While most schools have programs during the week to ensure the students are fed, the weekends can be challenging. The Club eagerly signed up for a late October packing session. They were busy planning their Tri Club birthday party for October 18<sup>th</sup> which from the pictures looked to have been a great evening out.

I unfortunately missed Fall Workshop as for some reason I did not think FL still got hurricanes in November LOL. That was an expensive lesson for my sisters and I to learn but I enjoyed seeing and reading about it.

I put my next club visit with Meredith NH in early February. While the snow did fall later that night (thanks Sylvia for the to-go bag), it was an enjoyable ride up to the lovely lakes region. This club is really getting out into their community. They hosted a fundraiser for Ukraine that brought together the community and raised approximately \$400. I loved their service project around community dinners and a proposal to add to their existing project to extend the reach in the community. Great thinking!

While writing this my visit to Merrimack Valley Club is pending as snow did prevent us from meeting. I did get to spend time with the Seacoast President and our Governor-Elect on visiting locations for Spring Conference 2024. That was something I had never been involved with before but let me tell you, these people work hard to find the perfect spot for us.

Thank you to all the Clubs for hosting me and making me feel so welcome! I learn from each of them and like others am impressed with what Altrusans can do.

*Susan*

## District One Board Reports Cathy Baybutt, Director

I am finishing my 2nd year serving as a director of the District One Board of Directors. I am rather amazed at how quickly the two years has passed. I was able to attend Conference and Workshop and most of the District One board meetings. Meetings help keep the board connected with its purpose just like the club visits help connect the board to the clubs. The exchange of ideas is so valuable.

I had the pleasure of visiting the Greater Biddeford-Saco Club on January 14th and the Seacoast club on February 8th.

The Greater Biddeford-Saco club changed their winter meeting time to Saturday mornings. It was really such a great idea. it made traveling much easier and they served a beautiful brunch on top of that. As might be expected the meeting was well organized with an agenda prepared and presented by President Sandy McKenney. All reports were given and plans for future events finalized. This club is very fortunate as it has the Governor elect and a past Governor in its membership. That helps the club stay connected to the District One Board. They had received approval for the District One club membership grant. They were working on their final products. One thing that appealed to me was their large "Ask about Altrusa" buttons. I believe they will be available at the Spring Conference Fundraiser fair. So be on the lookout.

My 2nd visit was to the Seacoast Club. I was able to attend in person along with Diane Robinson from my own club. President Barbara Leavey presented everyone with a printed agenda and conducted a well-organized meeting. There was follow up with current projects and the discussion of a couple of new projects. The members are engaged with their community and active participants in the club. We took away a couple great ideas for potential projects for our club. That is one of the best parts of connecting with other clubs is it inspires new ideas and ways to help our bigger communities. Seacoast will be hosting the 2024 Spring Conference and we look forward to working with them.

One of the other responsibilities that I have is that I serve on the communication committee. I try to share Facebook posts from all the clubs in the District on the District One Facebook page. I look forward to serving as the DSB editor in the next biennium with Governor Rita Cote. Let's keep in touch.

*Cathy*



**District One Board Reports**  
**Hilda Schmidt, Director**

I have enjoyed my second year on Altrusa District One Board as District Director. I had the privilege of visiting the Laconia NH and the Greater Hartford CT clubs. What a pleasure!

My visit with the Laconia club was on Tuesday, November 8, 2022. Of their 13 active members, 9 were able to attend, including one new member. Sue Clausen, the President, ran an efficient meeting, keeping everyone on track, following the agenda. Financials were presented as well as committee reports. There was member participation as current projects were discussed and finalized. Laconia is well known in the community and has worked with Meredith and Carroll County clubs on joint ventures to benefit their respective communities and have co-hosted several District Conferences.

On Tuesday, February 7, 2023, I visited the Greater Hartford club, in New Britain, CT. Its members are full of energy and new ideas. They regularly review their Strategic Plan and follow a full annual calendar to make sure their projects and programs are on schedule. The meeting was efficiently run, by President Jackie Medina. Projects were updated by the committee chairs and all the members were fully engaged. This club participates in all the District One events. It has been host of two Workshops and has had two members on the District Board: Gerri Ann Diaz and Violet Sims (still on the Board). Greater Hartford ended their meeting with the Altrusa Benediction.

As with all the clubs in District One, these clubs are struggling to increase membership. Both clubs are small but very active in their communities and make time to have fun, enjoying each other's company. They were encouraged to apply for the *District's Club Growth Grant*.

*Hilda*

\* \* \* \* \*

**Linda Ring, Immediate Past Governor**

As another biennium comes to a close, I say, "Hats off to Pam!" for picking up where I left off and continuing to meet with Presidents on a monthly basis. She has kept the lines of communication open and did her darndest to make our District events exciting and FUN!

I was not able to visit any clubs face to face this year. I did visit Altrusa International of Portland, ME via ZOOM, but it's just not the same! I have made myself available to support any clubs who ask for information or guidance. When clubs reach out for one or another reason, I try to steer them in the right direction as quickly as possible.

As your District Webmaster, I've promptly added your club newsletters whenever possible... but not all clubs produce them. Makes me wonder how other clubs keep members informed! After every District event, I upload any PowerPoint presentations or handouts that are made available to me. That way, if you missed attending the workshop or session, you have some reference point from which to start.

I'll be stepping away from the District Board, but not away from Altrusa! There's so much more in store!

*Linda*

## 2023 Mamie L. Bass Service Project Submissions

### ***End 68 Hours of Hunger – Carroll County, New Hampshire***

The Carroll County Altrusa Club participates once a month in the local End 68 Hours of Hunger program, the purpose of which is to help alleviate food insecurity among school children. For many of the participating children, the bags of food we have packed will provide the only meals they will eat between Friday's school lunch and Monday morning.

### ***TEMP =Thermometers Enhance My Physical Condition – Central CT***

Altrusa International of Central CT secured 250 Infrared Thermometers. Donations were made to the segment of our community who have a difficult time affording and finding medical necessities. Phase one donated thermometers to community/international partners; the second phase targeted Middlesex Hospital Family Practice giving mothers a thermometer and book managing children's common illness/emergencies.

### ***Winter Survival Project – Greater Biddeford-Saco, Maine***

The Greater Biddeford-Saco Altrusa Club donated 10 high quality backpacks chock full of winter camping "tools". It gave us a chance to help service different needs in the community, and to partner with other businesses in doing so. The end game was to provide some level of comfort to the homeless in our community during a harsh Maine winter.

### ***Cheering with Cards and Canes – Northeastern CT***

Altrusa of Northeastern CT enjoys bringing smiles to those who may be feeling forgotten and alone. When we heard that there was a lack of personalized encouragement for those most in need of cheering, we developed the Cards and Canes Project, in which all members could participate – even those who are no longer able to attend meetings in person.

### ***Remembering Teens During the Holidays – Plymouth County, MA***

Annual service project, Remembering Teens During the Holidays, begun in 2013 brings a sense of the holidays to teens temporarily removed from their family homes. Every member participates in shopping and assembling appropriate gifts which include books, games, crafts, toiletries, sports equipment, and gift cards for 6 to 12 teenagers. Two or more members deliver the gifts in early December.

### ***Books and Pillowcases – Portland, Maine***

Portland Altrusa has partnered with Cricket Comforts, a large volunteer sewing group, which sews children themed pillowcases. The Portland Club selects and donates books to match the theme of the fabric of the pillowcases. The Pillowcases and Books are gifted to children who are patients at the Barbara Bush Children's Hospital.

### ***IF NOT FOR THEM – Seacoast, ME/NH***

On Veterans Day, Seacoast Altrusa acknowledged our Veterans who enjoyed a free breakfast at Norma's Restaurant underwritten by York Park and Rec Department, by greeting each Veteran at the door with a hand- made inspirational thank you note, a \$5.00 Norma's Restaurant gift certificate, and a free raffle ticket for one of four hand tied fleece blankets.

## 2023 Letha H. Brown Literacy Project Submissions

### ***Cruise Night 2022 – Central CT***

Altrusa International of Central CT, Inc. received a donation of 600 children's and young adult books. Opportunity struck to distribute these books with the resumption of the Middlesex Chamber of Commerce Cruise Night on Main St. Our Club gave away 578 books with 80% club participation. This event allowed us to reach children and their families throughout our diverse community.

### ***A Book for Everyone, a Continuing Story - Greater Biddeford-Saco, ME***

The Biddeford-Saco club is proud of its literacy work in the community. Through this effort we strive to promote literacy to all age groups and reading abilities. Every year we build upon this, thinking of more creative ways to partner with the community at events to maximize our reach. We are known as the "book ladies" in the area!

### ***Books and Bookmarks - Laconia, NH***

On a warm summer day, at the request of a local Ice Cream shop, we provided a fun event in the parking lot. Books for all ages and craft supplies for bookmarks were collected. Club members sorted books by age level, affixed Altrusa stickers, and assisted attendees making bookmarks. The event, and the ice cream, were enjoyed by all attendees!

### ***Planting the Seeds of Literacy - Northeastern, CT***

The Altrusa Club of Northeastern CT encourages literacy by placing books in the hands of children and families. Books are purchased, sorted, and delivered to non-profit agencies in eastern CT four times a year. The agencies stock their takeaway libraries and give the books to social workers for home visits. Over 2900 books were delivered in 2022.

### ***Social Justice Tween Book Club - Plymouth County, MA***

Social justice is the view that everyone deserves equal economic, political, and social rights and opportunities. This project utilized young children's understanding of differences to teach social justice through age-appropriate literature. It is shown that when books contain experiences and characters to which children can relate, they encourage a child's positive self-concept and respect for diversity.

## 2023 Dr. Nina Fay Calhoun International Relations Project Submission

### ***Born in a War Zone – Central CT***

Olena sought our help to advertise her collection of comfort goods for “Mommies and Babies” in Ukraine Maternity Hospitals. Altrusa Intl. of Central CT, Inc. advertised on social media. We then assisted with collection, sorting, and packaging donations alongside of Dancers, Dentists and Daycare Workers, to pack a 50-foot trailer in one weekend.

### ***Helping All Girls Worldwide Through Coordination With Altrusa and Community Involvement – Northeastern CT***

Worldwide girls/women endure hardships because of the biological process of menstruation. Over 5 years ago, Altrusa International of NECT joined the Days for Girls International efforts. Our club has diligently collected materials and created DFG kits, which we’ve shipped to Guyana, South America, Honduras; drove to Pittsburgh, for sending to Beirut; provided to our local soup kitchen and homeless shelter.

## 2023 ASTRA Service Project Submission

### ***Hat and Mitten Drive – ASTRA of Lake Region High School***

Lake Region High School’s ASTRA club member, Peyton Klein, suggested a hat and mitten drive for people who need cold weather clothing items. We placed a donation box in our school's main lobby, and various locations around our community. The hat and mitten drive brought attention to the fact that not everyone can afford cold weather clothing.

## 2023 Newsletter Submissions

Central Connecticut - *Central Breeze*

Greater Biddeford-Saco, ME – *The Altruist*

Laconia, NH – *Altrusa Life*

Portland, ME - *Altrusagram*

## **2023 Gabrielle Crepeau Leadership Award Nominees**

(in alphabetical order)

### **Cathy Boone**

Altrusa International of Central CT

### **Sylvia Detscher**

Altrusa International of Meredith, NH

### **Sandy LaBonte**

Altrusa International of the Seacoast

### **Arlene Meile**

Altrusa International of Merrimack Valley, MA

### **Carole Norrish**

Altrusa International of Northeastern CT

### **Past Winners Include:**

- 2003 - Mary Faries, Bermuda
- 2004 - Elaine Hussey, Seacoast, NH
- 2005 - Idell Lipman, Meredith, NH
- 2006 - Monica Bennett, Meredith, NH
- 2007 - Helen Robinson, Meredith, NH
- 2008 - Marty Tompkins, Portland, ME
- 2009 - Kathleen Didato, Central CT
- 2010 - Cecile Andrews, Meredith, NH
- 2011 - Sue Wale, Bermuda
- 2012 - Marian Cumming, Bermuda
- 2013 - none
- 2014 - none
- 2015 - Linda Hennebury, Greater Biddeford-Saco, ME
- 2016 - Norma Latham, Bermuda
- 2017 - Anita Chandler, Portland, ME
- 2018 - Kathy Richo, Merrimack Valley, NH
- 2019 - Denise Doyon, Greater Biddeford-Saco, ME
- 2020 - Madeleine Ferguson, Quebec, Canada
- 2021 - Linda Ring, Central CT
- 2022 - Anne Rash, Northeastern CT

<b><u>2021-2023 District Officers</u></b>	
<b>Governor</b>	Pamela Lemieux, Portland 207-797-4494 <a href="mailto:pamela.lemieux@myfairpoint.net">pamela.lemieux@myfairpoint.net</a>
<b>Governor Elect</b>	Rita Cote, Greater Biddeford-Saco 207-602-8179 <a href="mailto:rita@jonescove.net">rita@jonescove.net</a>
<b>1<sup>st</sup> Vice Governor</b>	Violet Sims, Greater Hartford 860-223-2213 <a href="mailto:violetsims@yahoo.com">violetsims@yahoo.com</a>
<b>2<sup>nd</sup> Vice Governor</b>	Susan Porazzo, Plymouth County 774-444-4073 <a href="mailto:smporazzo@hotmail.com">smporazzo@hotmail.com</a>
<b>Treasurer</b>	Wanda Pettersen, Portland 207-756-4431 <a href="mailto:kettlecove_6@msn.com">kettlecove_6@msn.com</a>
<b>Secretary</b>	Marie Pike, Portland 207-219-8653 <a href="mailto:pikerino2@aol.com">pikerino2@aol.com</a>
<b>Directors</b>	Cathy Baybutt, Carroll County 603-651-8464 <a href="mailto:cathybaybutt@gmail.com">cathybaybutt@gmail.com</a>  Hilda Schmidt, Central CT 203-592-4819 <a href="mailto:HildaCSchmidt@hotmail.com">HildaCSchmidt@hotmail.com</a>
<b>Immediate Past Governor</b>	Linda Ring, Central CT 860-490-8211 <a href="mailto:Linda.Ring.Altrusa@gmail.com">Linda.Ring.Altrusa@gmail.com</a>

## 2021-2023 Committee Chairs

<b>Archives</b>	<b>Lucia Shannon</b> , Plymouth County 508-586-0775 lmbshannon9@gmail.com
<b>Bylaws, Resolutions Recommendations</b>	<b>Pat Jackowski</b> , Central CT 860-638-8018344-8622 pjccjj@sbcglobal.net
<b>Communications, Chair</b>	<b>Deb Lemieux</b> , Portland
• <b>DSB</b>	<b>Deb Lemieux</b> , Portland 207-310-4509 dalemieux33@gmail.com
• <b>Webmaster</b>	<b>Linda Ring</b> , Central CT 860-490-8211 Linda.Ring.Altrusa@gmail.com
• <b>Social Media</b>	<b>Cathy Baybutt</b> , Carroll County 603-651-8464 cathybaybutt@gmail.com
<b>Foundation Liaison</b>	<b>Anne Rash</b> , Northeastern CT 860-617-5715 annerash@charter.net
<b>Leadership</b>	<b>Susan Ulino</b> , Northeastern CT 860-742-1288 isadorad@charter.net
<b>Membership</b>	<b>Jenn Belcher</b> , Plymouth County 774-259-8320 JLBelcher79@gmail.com
• <b>ASTRA Liaison</b>	<b>Trish Maxim</b> , Portland 207-693-6516 campnaples@fairpoint.net
<b>Parliamentarian</b>	<b>Kitty Cunningham</b> , Merrimack Valley 813-394-0301 kcunning_99@yahoo.com
<b>Service</b>	<b>Anita Chandler</b> , Portland 207-772-2701 achandler@maine.rr.com
• <b>Days for Girls</b>	<b>Claire Behrle</b> , Merrimack Valley 978-256-4838 sbehrle@aol.com
<b>Nominating (2022-2024)</b>	<b>Anne Rash</b> , Northeastern Connecticut (Chair) Joan Osborne, Plymouth County, MA Sandy LaBonte, Seacoast, ME

<b><u>District One Club Presidents</u></b>	
<b>Bangor, ME</b> Susan Hawes <a href="mailto:smhbangor@aol.com">smhbangor@aol.com</a>	<b>Meredith, NH</b> Mary Anne Skawinski <a href="mailto:winski@metrocast.net">winski@metrocast.net</a>
<b>Bermuda</b> Mary Faries <a href="mailto:maryff@ibl.bm">maryff@ibl.bm</a>	<b>Merrimack Valley, MA</b> Charlene Muscato <a href="mailto:Charlene.muscato@gmail.com">Charlene.muscato@gmail.com</a>
<b>Carroll County, NH</b> Beth Wheatley Dyson <a href="mailto:ewheatleydyson@gmail.com">ewheatleydyson@gmail.com</a>	<b>Northeastern Connecticut</b> Carlita Cotton <a href="mailto:drcarlitabcotton@gmail.com">drcarlitabcotton@gmail.com</a>
<b>Central Connecticut</b> Lynne Reilly Havlicek <a href="mailto:cireilly24@yahoo.com">cireilly24@yahoo.com</a>	<b>Plymouth County, MA</b> Susan Porazzo <a href="mailto:smporazzo@hotmail.com">smporazzo@hotmail.com</a>
<b>Greater Biddeford-Saco, ME</b> Sandra McKenney <a href="mailto:rmckenney5@maine.rr.com">rmckenney5@maine.rr.com</a>	<b>Portland, ME</b> Wanda Pettersen <a href="mailto:Kettlecove_6@msn.com">Kettlecove_6@msn.com</a>
<b>Greater Hartford, CT</b> Jackie Medina <a href="mailto:jlynmed@yahoo.com">jlynmed@yahoo.com</a>	<b>Quebec</b> Danielle Blondin <a href="mailto:gingrasblondin@hotmail.com">gingrasblondin@hotmail.com</a>
<b>Laconia, NH</b> Susan Clauson <a href="mailto:Sclauson55@atlanticbb.net">Sclauson55@atlanticbb.net</a>	<b>Quincy, MA</b> Rebecca Lambert-Egan (Acting) <a href="mailto:brjznab@aol.com">brjznab@aol.com</a>
<b>Litchfield County, CT</b> Ann Lindner <a href="mailto:lindnerd@optonline.net">lindnerd@optonline.net</a>	<b>Sanford-Springvale, ME</b> Thea Murphy <a href="mailto:theaellamurphy@gmail.com">theaellamurphy@gmail.com</a>
	<b>Seacoast, NH</b> Barbara Leavey <a href="mailto:blueheron518@gmail.com">blueheron518@gmail.com</a>



### District One Past Governors

2019-2021	Linda Ring, Central CT
2017-2019	Anne Rash, Northeastern CT
2015-2017	Sue Hawes, Bangor, ME
2013-2015	Mary Faries, Bermuda
2011-2013	Susannah Leslie, Plymouth County, MA
2009-2011	Ann Babbitt, Portland, ME
2008-2009	Joanne Doherty, Portland, ME
2006-2008	Terri Houston, Plymouth County, MA
2004-2006	Ann Marie Snyder, Merrimack Valley, MA
2002-2004	Susan Swanton, Greater Biddeford-Saco, ME
2000-2002	Bobbie Tundermann, Middletown, CT
1998-2000	Sandra LaBonte, Seacoast, NH
1996-1998	Katherine Cunningham, Merrimack Valley, MA
1994-1996	Alicia Williams, Waterbury Center, VT
1992-1994	Denise Doyon, Greater Biddeford-Saco, ME
1990-1992	Danielle Gingras, Quebec, Canada
1988-1990	Jennifer Kensel, Middletown, CT
1986-1988	*Adrienne Stevens, Laconia, NH
1984-1986	*Mary Patterson, Bermuda
1982-1984	*Marianne Wroble Cox, Plymouth County, MA
1980-1982	*Marie L. Knight, Fall River, MA
1978-1980	*Anita Violette, Lewiston-Auburn, ME
1976-1978	*Angela Amicone, Litchfield County, CT
1974-1976	*Dorothy Meredith, Biddeford-Saco, ME
1972-1974	*Mona Carle, Bermuda
1970-1972	*Leola Riley, Portland, ME
1968-1970	*Jennie Mead, Montreal, Canada
1966-1968	*Julianne Eastman, Barre, VT
1964-1966	*Dr. Yolande O'Neill, Quebec, Canada
1962-1964	*Loretta White, Middletown, CT
1960-1962	*Irene Farnhum, Portsmouth, NH
1958-1960	*Grace Norwood, Plymouth County, MA
1956-1958	*Marian L. Tyler, Portland ME
1982-1984	*Alexinia Baldwin, Ph.D. Past Governor, District Two

*\*=deceased*

### District One Dignitaries

1997-1999	*Alexinia Baldwin, Ph.D. International Past President
1999-2001	*Barbara Chinn International Past President

## Awards

Award	First	Second	Third
<b>Membership</b> # new members between April 1 and March 31	<b><u>Meredith, NH (6)</u></b>	<b><u>Litchfield County (4)</u></b>	<b><u>Greater Biddeford- Saco (3)</u></b>
<b>Net Gain New Members</b>	<b><u>Merrimack Valley (3)</u></b>	<b><u>Meredith (2)</u></b> Tied for 2 <sup>nd</sup>	<b><u>Seacoast (2)</u></b> Tied for 2 <sup>nd</sup>
<b>Club Anniversaries</b>	<b><u>Bermuda</u></b> 75 Years	<b><u>Quebec</u></b> 75 Years	
<b>Newsletter</b>	<b><u>Central Breeze</u></b> Central CT Elsie Mathews, Editor	<b><u>Altrusagram</u></b> Portland, ME Marie Pike, Editor	<b><u>Altrusa Life</u></b> Laconia, NH Sue Clauson, Editor
<b>ASTRA</b>	<b><u>Hat and Mitten Drive</u></b> ASTRA Lake Region HS		
<b>First Timers Award</b>	<b><u>Laconia (2)</u></b> Tied for 1 <sup>st</sup>	<b><u>Sanford Springvale (2)</u></b> Tied for 1 <sup>st</sup>	
<b>Conference Attendance</b>	<b><u>Seacoast (10)</u></b>	<b><u>Northeastern CT (8)</u></b> Tied for 2 <sup>nd</sup>	<b><u>Portland (8)</u></b> Tied for 2 <sup>nd</sup>
<b>Conference % Attendance of Club Membership</b>	<b><u>Seacoast</u></b> 45.5%	<b><u>Sanford Springvale</u></b> 37.5%	<b><u>Laconia</u></b> 35.7%
<b>Mamie L. Bass – Service</b>	<b><u>If Not For Them...</u></b> Seacoast	<b><u>Cheering with Canes and Cards</u></b> NECT	<b><u>TEMP=Thermometers Enhance My Physical Condition</u></b> Central CT
<b>Letha A. Brown – Literacy</b>	<b><u>Planting the Seeds of Literacy</u></b> NECT	<b><u>A Book for Everyone</u></b> Greater Biddeford-Saco	<b><u>Social Justice Tween Book Club</u></b> Plymouth County
<b>Nina Fay Calhoun – International</b>	<b><u>Born in a War Zone</u></b> Central CT	<b><u>Helping All Girls Worldwide</u></b> NECT	
<b>Gabrielle Crepeau - Leadership Award</b>	<b><u>Carole Norish</u></b> NECT		
<b>Governor’s Award</b>	<b><u>Linda Ring</u></b> Central CT		

## NATIONAL ANTHEMS

### UNITED STATES OF AMERICA

Oh, say can you see, by the dawn's early light,  
What so proudly we hailed at the twilight's last gleaming  
Whose broad stripes and bright stars  
Through the perilous fight  
O'er the ramparts we watched, were so gallantly streaming  
And the rockets' red glare, the bombs bursting in air,  
Gave proof through the night that our flag was still there.  
Oh, say, does that star spangled banner yet wave,  
O'er the land of the free and the home of the brave.

### BERMUDA

God save our Gracious ~~Queen~~ KING  
Long live our noble ~~Queen~~ KING,  
God Save the ~~Queen~~ KING  
Send ~~her~~ him Victorious,  
Happy and Glorious  
Long to reign over us  
God Save the ~~Queen~~ KING.

### CANADA

O Canada! Our home and native land!  
True patriot love in all thy sons command.  
With glowing hearts we see thee rise,  
The True North strong and free  
From far and wide, O Canada  
We stand on guard for thee!  
God keep our land glorious and free!  
O Canada! We stand on guard for thee!  
O Canada! We stand on guard for thee!

Ô CANADA! Terre de nos aïeux  
Ton front est ceint de fleurons glorieux  
Car ton bras sait porter l'épée  
Il sait porter la croix  
Ton histoire est une épopée  
Des plus brillants exploits  
Et ta valeur, de foi trempée  
Protègera nos foyers et nos droits.  
Protègera nos foyers et nos droits.

Altrusa District One  
Celebration of Lives 2022-2023



Claire Burnell  
Quebec



Charlotte Filion Caron  
Quebec



Jane Stanke  
Bristol, CT



Jenny Gibson  
Altrusa Club of Bermuda



Kathy Miller  
Carroll County



Marcia Marley  
Portland



Lois Bloomer  
Bangor

