

Altrusa International Inc. -- District One 66th Annual Conference April 22-24, 2022 North Conway, NH



Opening the DOOR to SERVICE....

ALTRUSA GRACE

For this food before us spread For our steps in safety led For thy favor on our way Lord, accept our thanks today.

Pour cette nourriture en quantité
Pour notre salut assuré
Pour tes faveurs répandues en abondance
Sur le Club Altrusa et ses membres
Accepte Seigneur, notre reconnaissance.

ALTRUSA BENEDICTION

May we go forth with high ideals
To greet our fellow man,
Be true to all Altrusa aims
Until we meet again.

Puissions-nous poursuivre notre idéal et accueillir nos compagnes de façon amicale réaliser nos ambitions jusqu'à notre prochaine réunion

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Welcome to Spring Conference 2022

Welcome to our District One 2022 Spring Conference. Your District Board and the three New Hampshire host clubs (Carroll County, Laconia, and Meredith) have



worked hard to pull together an informational and inspirational conference with a lot of FUN included.

It is exciting to meet in person again, after two years when conferences had to be 'virtual' events due to COVID. I know many of you are 'Zoom tired', so this weekend, enjoy your time reconnecting with old friends and making new ones.

However, let's not forget that COVID is still among us. Vaccines and other medications have currently helped to alleviate the symptoms of COVID, if one should catch it. With that said, please respect the comfort level of fellow conference attendees, who choose to wear masks. I know I still mask up when entering stores, but I'm more relaxed around family and friends, who share my sensibilities.

The Conference this year is a 'weekend conference' to allow Altrusans who work the ability to attend without needing to take vacation time. At the end of Conference, let us know if the change to a weekend conference works for you, or would you prefer the traditional conference schedule where it begins Friday morning and ends Saturday night, with free time on Saturday afternoon. Your District Board wants to know, so don't leave on Sunday without filling out the Conference Evaluation Form.

To sum it up, enjoy all the presentations at conference and have FUN!





International Board Members

Kathy Folley International President

Linda K. Smith President Elect

Chris DeVlieger Vice President

Germaine Vonderhaar Treasurer

Beverly Hardy Immediate Past President

Lisa Boyd International Director

Kitty Mc Elhaney International Director

Bettina Schempf International Director

Sue Whitaker International Director

Ex-Officio Member

David Mena Interim Executive Director

Foundation Representative

Leslie Johnson

International Board Consultants

Patricia A. Woodward, JD Legal Advisor

Colleen M. Duris, PRP Parliamentarian

Donna C. Johnson, PIP BRR Chair

One North LaSalle Street Suite 1955 Chicago, IL 60602-4006 Telephone: 312-427-4410 altrusa@altrusa.org www.altrusa.org



Dear Friends,

I am truly excited for all of you as you gather together once again for your 2022 District Conference. Conference is a great time spent renewing old friendships, making new ones, celebrating accomplishments, as well as, doing the work of the District. More importantly, however, it is a time to enjoy being together as Altrusans.

If this is your first time attending an Altrusa conference, please let me extend a special welcome to you. You are in for a special treat and will leave more excited and energized about this amazing organization that you ever imagined.

As you are aware, many hours of preparation go into planning such an event. So please take a moment to thank your Conference Committee and your District Board of Directors for all their work pulling your event together. You are in store for insightful keynote speakers, information workshops, and exciting award presentations.

Your International Representative is there to share information about what is happening on the International level and to share in the excitement of your Conference. If you have questions or concerns you would like her to bring back to me please find time to visit with her.

So on behalf of myself and your International Board of Directors we wish you a wonderful time this weekend. You will return to your clubs renewed, re-energized, and eager to do the work of Altrusa which is Service to Others Leading to a Better Community. I eagerly await hearing about the amazing things you are doing in your communities as you strive to live up to the mission of this remarkable organization. Never forget that what you are doing is making a difference, and never forget that

UNITED WE CAN ACHIEVE MUCH!!

Kathy Folley

International President Altrusa International, Inc.



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Linda K. Smith President Elect

Chris DeVlieger Vice President

Germaine Vonderhaar Treasurer

Beverly Hardy Immediate Past President

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Dear Altrusans,

This will be my first time having the pleasure of welcoming you to your District Conference, so please allow me to extend warm greetings to everyone attending District Conference this year. Whether it's your first or twenty-first time, virtual or in person, we wish you an enjoyable and fruitful experience.

District Conferences are a time to share, to bring your challenges, your failures, your successes, and everything in between. Nothing unites us more than sharing our passion for service and the challenges we face in our pursuits.

Learn and apply your new-found knowledge and perspective to succeed in your communities in a way no one thought possible. We, at the International Office, will do everything in our power to support you.

Above all else may you all have an enjoyable time!

David Mena

Interim Executive Director Altrusa International, Inc.



Foundation Board Members

Leslie Johnson
Foundation Chair

Marie Pike
Finance & Vice Chair
and Marketing Trustee

Linda Robison

Past Foundation Chair, Grants

and Marketing Trustee

Susan Carpenter

Past Finance Chair

and Marketing Trustee

Dana Vierck

Grants Chair, Marketing

and Finance Trustee

Kimberly T. Abmeyer
Finance Trustee and Education,
Development & Marketing CoChair

Karen Robinson Grants Co-Chair and Marketing Trustee

Phyllis Corman
Finance Trustee and Education,
Development & Marketing CoChair

Jane Hart

Anna H. Settle Community

Leadership Award Chair, Grants
and Marketing Trustee

Ex Officio Members

Martha Hardwick Hofmeister Legal Advisor

Shawna Veldhuizen Executive Director

Linda K. Smith

Association Representative

One N. LaSalle Street, Suite 1955 Chicago, IL 60602-4006 (312) 427-4410 foundation@altrusa.org www.foundation.altrusa.org Welcome to District Conference! It is so nice to be reunited with our long-time friends and to meet new Altrusans.

Thank you to every one of you who have supported your Altrusa International Foundation at past conferences. Thanks to your generosity, the Foundation awarded \$117,136 to Altrusa Clubs from the Grants Program and \$20,000 to international healthcare organizations from the Club 21 Program in October 2021.

Your contributions have allowed us to award over \$75,000 in Disaster Relief Aid since July 2021. These grants are assisting communities affected by tornadoes in Kentucky, hurricane destruction in Louisiana, the Tonga volcano eruption and tsunami, and the COVID-19 pandemic. Recently, the foundation stepped up for Ukraine and awarded \$40,000 total with \$10,000 distribution to UNICEF, World Central Kitchen, Ukrainian Red Cross, and Doctors without Borders.

During your District Conference, please consider donating to our 2022 Foundation Fundraiser: *Project Generosity*. All contributions received across all programs from March 20 to May 31 will be included to win The Debby Weber Fundraising Awards:

- First place winners will receive \$1,500
- Second place will receive \$750
- Third place will receive \$500.

The service awards will go to the Altrusa Clubs and individual gifts count towards the club's total. *The Debby Weber Fundraising Awards* are named in honor of former International Foundation Trustee Debby Weber. The top three Altrusa Clubs with the largest fundraising gifts, and top three Altrusa Clubs with the largest gifts per capita, will receive the awards.

During this conference you will be voting on a representative from your district to run for the Foundation Board of Trustees at the Altrusa International Convention in 2023. The Foundation Board needs Grant Readers, members with financial accounting, bookkeeping or investment backgrounds as well as marketing experience. Please keep these needs in mind when casting your vote.

As we head into this new year full of challenges, our communities will need assistance more than ever. I urge you to join your fellow Altrusans to help assist our International Foundation in serving these communities. You can continue to help us make a difference by joining or rejoining Club 21, becoming a lamplighter, or adding another diamond to your lamplighter pin.

Thank you for all you do. Enjoy your time together at District Conference!

In Altrusa Service,

Leslie Johnson

Leslie Johnson Foundation Chair 2021-2023 Altrusa International Foundation, Inc.



Foundation Board Members

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Foundation Chair

Marie Pike
Finance & Vice Chair
and Marketing Trustee

Linda Robison

Past Foundation Chair, Grants
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Susan Carpenter

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Finance Trustee and Education,

Development & Marketing Co-Chair

Jane Hart
Anna H. Settle Community Leadership
Award Chair, Grants
and Marketing Trustee

Ex Officio Members

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Shawna Veldhuizen Executive Director

Linda K. Smith

Association Representative

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Greetings, Altrusans!

On behalf of the Foundation board, please allow me to say we're delighted to welcome you to your 2022 District Conferences. We hope you'll enjoy making memories with longtime friends, and new ones too.

We're thankful for the time and talents your District Liaisons give to the Foundation. They are prepared to help answer your questions and share Foundation resources with you. You'll have an opportunity to listen to them give updates on Disaster Relief Aid, Project Generosity and The Debby Weber Fundraising Awards, and how your district supported the Foundation over the past biennium.

Don't forget to get your Luci lights from your District Liaison too. The Luci lights are solar-powered, lightweight, easy to transport, and the proceeds from their sales allow the Foundation to give more across all programs.

Keep in mind when contributing to the Foundation you may designate your gifts to the Endowment Fund which invests in the future of grantfunding; the Grants Program which supports the Altrusa Clubs, ASTRA Clubs, and District service projects; Disaster Relief Aid which continues to provide funding to devastated areas around the world; Club 21 which gives to international healthcare organizations and children's camps; or Where Needed Most. An individual, Altrusa Club, or District qualifies as a Foundation Lamplighter when \$500 is given within a fiscal year. Thank you for all your do for the Altrusa International Foundation. It's wonderful seeing your impact on communities near and far. Keep sending your amazing photos, Facebook posts, and newspaper articles in your grant follow-up reports. They are invaluable in telling the Altrusa story.

We're wishing you a most fantastic District Conference. Enjoy your time together!

All the best,

Shawna Veldhuizen

Shawna Veldhuizen Executive Director Altrusa International Foundation, Inc

Key Conference Information



REGISTRATION

The Registration Table will be located in the Foyer outside the meeting room

Friday, April 22, 2022, 5:00 - 7:00 pm. Saturday, April 23, 2022, 7:00 - 9:00 am Saturday, April 23, 2022, 11:30 - 12:30 pm.



VOTING (if needed)

Sunday, April 24, 2022 7:30 – 8:30 a.m. At Registration Table



2022 Conference Committee Chairs

Co-Chairs Nancy Spaulding

Susan Clauson Sylvia Detscher

Registration

Welcome Bags

Table Favors & Decorations Host Clubs

Expediters Rita Cote

Conference Hands-On

Service Project Claire Behrle

(Days for Girls)

UPCOMING EVENTS

November 12, 2022 District One Workshop Cromwell, CT



April 22-23, 2023

2023 District One Conference Nonantum Resort Kennebunk, ME

July 2023

Altrusa International 58th Convention San Antonio, TX

Key to Conference Color Dots

International

Representative Purple

District Officers Blue

Past Governors Orange

Delegates Yellow

Alternates Brown

First Timers Pink

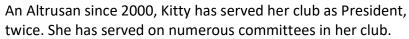
Presenters Red

Host Club Green

<u>International Representative to Conference 2022</u>

Kitty McElhaney Altrusa International Director, 2021-2023 Altrusa International of Lake City, Florida, Inc.

director2@altrusa.org



She served as a District Three Director, Governor Elect and Governor for the 2019-2021 biennium. During her biennium, she chaired the Governors Council for Altrusa International. Kitty is currently a Director for the Altrusa International Board.

Kitty's professional career spanned more than forty two years in the role of teacher, school administrator and Assistant Superintendent. During her tenure in the school system, she began her service on the Take Stock in Children Board, which provides college scholarships to First Generation College bound students. She continues to serve on that Board, having chaired it for many years.

Her altruistic spirit in other areas include serving on a Board that manages foster care and adoptions, currently chairing that Board. As a volunteer who serves on accreditation teams for schools and school systems she continues her connection to the field of education. A member of the Daughters of the American Revolution, Kitty has served as Vice-Regent and is currently the Regent of her Chapter.

Kitty is married to her husband, Frank, of thirty-seven years. She has a son, daughter in law, two awesome grandchildren; and her stepdaughters' family includes four amazing grandchildren.

When not engaged in volunteer activities, she enjoys reading, camping and quilting.

Kitty is a firm believer in Altrusa Principle #12: Altrusa believes it is not enough to be good; Altrusans must be good for something.

She is looking forward to re-connecting with Dreamweaver Linda Ring and meeting new friends in District One, who are making a difference in their communities. In the words of International President Kathy Folley, *United We Can*!



Keynote Speaker



CASA of New Hampshire provides a voice for abused and neglected children and youth by empowering a statewide network of trained volunteers to advocate on their behalf so they can thrive in safe, permanent homes.



Katie Pelczar is the Central New Hampshire Outreach Coordinator for CASA (Court Appointed Special Advocates) of New Hampshire, having joined the organization in January of 2021. Currently, Katie works with CASA volunteers through every stage of their volunteer experience, from recruitment, the application process, the interview and then again later on once they've completed the initial training and have begun their casework.

Working with CASA has been a truly eye-opening and rewarding experience for Katie and she feels fortunate to be able to work with, learn from, and be inspired by the people who make up CASA's amazing volunteer force who make a real difference in the lives of children.

Katie is looking forward to representing CASA as our Saturday afternoon speaker at conference and will be joined by a volunteer child advocate who will share some "hands on" perspectives with us as well. Note: while in high school, Katie was a member of the Meredith ASTRA chapter!

Sunday Morning All Session Literacy Presentation

Rebecca Lambert-Egan Altrusa International of Quincy, MA



"What's the Story with the Story?"

My program in its entirety and in a school setting covers all aspects of the illustrated children's book from physical presentation to artistic approach to storyline to literary awards. We examine, read, and compare books and all the elements that make up each story. We then dig deeper asking "how" and "why" about the line, color, design, text, and perspective knowing every single thing is intentional in the creation and execution of a story book. The intent is to foster a new way to experience ALL that a book is and can be to each reader. But the ultimate goal is to delight and entertain as learning happens.

Once a reader understands "what the story is with the story", that reader will never look at a children's illustrated book the same way ever again.

Meet the Candidates for Nominating Committee 2022-2024



Anne Rash is an active member of the Northeastern CT Altrusa Club. She has served as a president of her club and more recently was elected to Governor of District One (2017-2019) and held the position of Immediate Past Governor of District One (2019 – 2021). She continues to work with District One in the position of Foundation Liaison (2021-2023)

Anne Rash



Sandy LaBonte is an active member of the Seacoast ME Altrusa Club. Besides having been the Club President in the past, more recently she has been the Club's Treasurer (2015-2021). She served as Governor of District One (1998-2000) and more recently was the District One BRR Chair (2019-2021).

Sandy LaBonte



Joan Osborne

Joan Osborne is an active member of the Plymouth County Altrusa Club. She served as the Clubs President (2014-2015) and Immediate Past President (2015-2016). Her most recent leadership position in her club was as Secretary (2019-2020).



Thank you 2020-2022 Nominating Committee for presenting the slate for the 2022-2024 Nominating Committee!

- Mary Faries (Bermuda), Chair
- Lucille Prescott (Greater Biddeford-Saco, ME)
- Charlene Muscato (Merrimack Valley, MA)

Conference Rules

- 1. All Altrusans must be properly registered. Only registered Altrusans will be admitted to Business Meeting and Workshops.
- 2. Voting body at district conference shall consists of the District Board of Directors, regularly accredited delegates of the Clubs within the District and all Past Governors holding active membership in their respective local Altrusa clubs who may be present.
- 3. A majority of the members who are entitled to vote shall constitute a quorum and the act of the majority of the members present at a meeting in which a quorum is present shall be the act of the members of the District. (District One By-Laws, Article VII).
- 4. Delegates shall wear the delegate's badge and in the General Business Meetings shall sit in the section reserved for voting members. Alternates may vote only in the absence of their Delegates and in this event must sit in the voting section.
- Only members of the voting body may introduce motions and vote, but both voting and nonvoting members are allowed the privilege of the floor. Precedence is accorded to Delegates.
- 6. Anyone wishing the floor for making motions or for discussion must give her/his name and the name of her/his local club or office in order to be recognized.
- 7. Discussion is limited to two minutes for each speaker. No one may speak twice on a subject until all who wish to speak have had the opportunity. The maker of the motion shall have the privilege of closing discussions.
- 8. All motions shall be written, signed and sent to the Chair upon request.
- 9. No motions shall be necessary to accept reports of Officers or Chairs except for the District Audit Report.
- 10. Advance Seating: Members shall be in their seats at least five minutes before the Business Meeting.
- 11. Communications: Only the Expediters shall deliver messages.
- 12. The conference rules shall be adopted or suspended by a majority vote or rescinded by a two-thirds vote of those present and voting, with a quorum being present.
- 13. Please turn all cell phones to silent mode.

Kitty Cunningham
District One Parliamentarian

Conference Credentials					
Club Name	Max Delegates & Alternates	Sat Delegates	Sat Alternates	Sun Delegates	Sun Alternates
Bangor, ME	1/1	-	-	-	-
Bermuda	1/1	-	-	-	-
Biddeford-Saco, ME	2/2	2	2	2	2
Carroll County, NH	2/2	2	2	2	2
Central Connecticut	2/2	2	-	2	_
Greater Hartford, CT	1/1	-	-	1	-
Laconia, NH	1/1	1	1	1	1
Litchfield County, CT	2/2	2	-	2	-
Meredith, NH	3/3	3	2	3	2
Merrimack Valley	1/1	1	1	1	1
Northeastern CT	3/3	3	-	3	-
Plymouth County, MA	2/2	2	-	2	-
Portland, ME	3/3	3	2	3	2
Quebec	2/2	-	-	-	_
Quincy, MA	1/1	1	-	1	-
Sanford-Springvale, ME	2/2	-	-	-	-
Seacoast, NH	2/2	2	1	2	1
Subtotal	31	24	11	25	11
District Officers *Note: Immediate Past Governor is counted as a District Officer	8	7		8	
Past Governors	13	4		4	
Total Eligible Voters	52	35		37	

Conference Registration Committee Report				
	Max #	Saturday	Sunday	
International Representatives	1	1	1	
District Officers *	8	7	8	
Past Governors	13	4	4	
Members **Note: Includes District Officers and Past Governors	334	64	63	
Clubs Represented	17	12	13	
Guests		4	3	
Total # Attending		67	67	
Total # Clubs Represented		12	13	

Opening the DOOR... To SERVICE!!!

Conference Agenda

When	What	Where	
FRIDAY, APRIL 22, 2022			
2:00 - 5:00 pm	Hands On Service ProjectDays for Girls	Mt Cleveland Room	
5:00 – 7:00pm	Registration Open	Foyer	
5:30 - 7:30 pm	Pre-Conference Board Meeting (Officers Only)	Canterbury Room	
8:00 – 10:00 pm	Welcome Reception	Governor's Suite	
SATURDAY, April 23.	. 2022		
	Pre-Conference		
7:00 - 9:00 am	Registration Open	Foyer	
7:45 - 8:05 am	Flag Ceremony PRACTICE Session – Sarah Moore	Lincoln Ballroom	
8:00 - 9:00 am	Breakfast	Madison/Jefferson/Adam	
8:30 - 8:55 am	First Timer's Session -Linda Ring	Jackson Room	
8:45 - 8:55 am	Delegate's Briefing	Lincoln Ballroom	
8:45 - 8:55 am	Expediter's Briefing – Rita Cote	Foyer – near Registration	
9:00 - 10:15 am	First Business Session Flag Ceremony Invocation Introduction of the Head Table Welcome and Greetings Adoption of the Conference Rules Registration and Credentials Report Budget Presentation – Wanda Pettersen	Lincoln Ballroom	
10:15 - 10:30 am	Break		

When	What	Where
10:30 - 11:10 am	Message from International Representative: Kitty McElhaney, Director Altrusa International	Lincoln Ballroom
11:10 - 12:00 pm	Memorial Service - Violet Sims	Lincoln Ballroom
12:00 - 1:00 pm	LUNCH - Parade of Presidents	Madison/Jefferson/Adams
1:00 – 1:35 pm	Keynote Speaker: Katie Pelczar, CASA	Madison/Jefferson/Adams
1:45 – 2:30 pm	Service Presentation: • Partnering for Greater Impact – Anita Chandler	Lincoln Ballroom
2:30 – 2:40 pm	Stretch Break	
2:40 – 3:30 pm	Service Presentation – • Recycling for GOOD - Denise Doyon	Lincoln Ballroom
3:30 - 3:50 pm	Announcements	Lincoln Ballroom
4:00 – 5:00 pm	FUN-draising Fair – Hilda Schmidt and Susan Porazzo Foundation Silent Auction – Anne Rash	Mt. Pierce Room Foyer Lincoln Ballroom
6:00 – 7:00 pm	Reception for International Representative and District One Past Governors – All are invited!	Madison / Jefferson
7:00 – 8:00 pm	Dinner - Parade of Governors	Madison/Jefferson/Adams
8:00 – 8:20 pm	Awards Presentation • Membership, Attendance – Jennifer Belcher • Newsletter – Cathy Baybutt	Madison/Jefferson/Adams
8:20 – 9:20 pm	Entertainment – The Bakery Band	Madison/Jefferson/Adams
9:30 - 11:00 pm	Wind Down Party	Governor's suite

SUNDAY, APRIL 24, 2022			
When	What	Where	
7:30 - 8:30 am	Election – Nominating Committee	Registration Desk in Foyer	
8:00 - 9:00 am	Breakfast	Madison/Jefferson/Adams	
9:00 – 9:20 am	 Second Business Session Registration and Credentials Report Budget Questions Election Results 	Lincoln Ballroom	
9:20 – 9:40 am	 Awards ASTRA – Pam Lemieux Mamie L. Bass Service Award – Anita Chandler Letha H. Brown Literacy Award – Hilda Schmidt Nina F. Calhoun International Award – Anne Rash Gabrielle Crepeau Leadership Award – Susan Ulino 	Lincoln Ballroom	
9:40 – 10:00 am	Foundation Presentation – Anne Rash	Lincoln Ballroom	
10:00 – 10:10 am	Calendars Girls – Seacoast Club	Lincoln Ballroom	
10:10 – 10:20 am	Stretch Break		
10:20 – 11:10 am	Presentation: "What's the Story with the Story?" Rebecca Lambert-Egan	Lincoln Ballroom	
11:10 - 11:30 am	Call to Workshop in Cromwell, CT – Greater Hartford Club Call to Conference in Kennebunkport, ME – Greater Biddeford Saco Club Call to Convention in San Antonio, TX	Lincoln Ballroom	
11:30 - 11:45 am	Benediction Retire Flags Farewells	Lincoln Ballroom	
1:00 – 3:00 pm	Post Conference Board Meeting (Board Only)	Mt. Jackson Room	

District One Board Reports Pam Lemieux, Governor

I can't believe it has been a year since I became the District One Governor. It has been challenging, but also a lot of FUN!

After being installed virtually as Governor, I attended the International Convention in July 2021 in Charlotte, North Carolina. The Governor Elect training was finished up on the first couple of days in Charlotte and then I enjoyed the Convention's many workshops and presentations.

Over the past year, a contract was secured for the 2021 Workshop in Portland, Maine, where we learned a lot about leadership and ways to gain and retain membership. However, it wasn't all just presentations, we also had a lot of FUN with our 'Super Girl Pose', a 'mock' coronation, and many of us belted out Karaoke songs.

We now have contracts for both the 2022 Workshop to be hosted by the Greater Hartford Altrusa Club in November 2022 and the 2023 Conference in Kennebunk Maine. A location for the 2023 Workshop hosted by the Merrimack Valley Altrusa Club is being scoped out

The monthly Presidents Council Zoom Meetings have been helpful in keeping us all on track.

Unfortunately, I did not get to all my assigned Club Visits over the past year, but I plan to make it up, and see them all in the fall.

I did get to visit a couple of clubs on some special occasions. Merrimack Valley Club President Jackie Maciejewski invited me to join them for their Birthday celebration. They met at a local restaurant for lunch. It was delicious and the company was outstanding! Plus, it was finished off with a chocolate rose.

Then I visited the Meredith Altrusa Club during their Library Celebration. They meet in a local library that recently underwent amazing renovations. The stenciling in the entryway was beautiful. After a yummy supper of various quiches, they had a guest speaker, Ann Biese, a Yoga and Mindfulness Instructor, who has written several children's books that teach therapeutic breathing, while telling a good story. I was very impressed.

The past year I've been lucky to have an Immediate Past Governor, Linda Ring, who has been assisting me through this adventure. Her technical expertise has been so appreciated. She has also been a great sounding board for me. I don't know how I would have gotten through the year without her help. Thanks Linda.

Finally, I've met so many new Altrusans (new to me) and have had the opportunity to rekindle old friendships. That is the part of being Governor that I like the most. It has been a pleasure serving you over the past year, and I am looking forward to another fruitful year.

Pam

District One Board Reports Rita Cote, Governor-Elect

I had the pleasure of visiting three clubs this year. I visited Bangor, Carroll County, and Seacoast.

It seems are lives are now defined with pre Covid and Post Covid. I was lucky to be able to meet in person with all three clubs.

I visited Bangor in October. They are a small club but very active and enthusiastic. There were 5 members at the meeting. There was discussion of Make a Difference Day and the Ronald McDonald House Projects. We discussed the difficulty of attracting new members and encouraged members to attend district events. Two members did attend the workshop. Martha Porter, the president, ran a well-organized meeting.

The next visit was with Carroll County in early November. The club is VERY active with lots of service projects. Several were reported on at the meeting. Letters to soldiers, Mail for Me, DCYF, 68 hours of Hunger bags to name just a few. They have healthy balances in both operating and foundation accounts. The club always has members attending district events, serving on the board, submitting for grants and wards. Nancy Spaulding, the president, ran an efficient meeting. A bag lunch, all the business of the club, a speaker and the meeting ended on time. A very enjoyable meeting.

The final visit in early November was to Seacoast. They are a very fun group to be with. The potluck before the meeting was very delicious. The meeting was well organized and run effectively by Barbara Leavey. An activity schedule was handed out from June to December. There were at least 15 service projects listed. They also presented me with a beautiful and very informative newsletter. Great job Nadine and Carol. It was a very enjoyable meeting.

I find every club visit to be so informative. I leave the meeting with so many new ideas. Thank You to the three clubs for making the club visits inspiring.

Ríta

District One Board Reports Violet Sims, 1st Vice Governor

The past two years have presented unprecedented challenges. Even when we are individually challenged in our personal lives, it seems one thing Altrusans know how to do well is step up to challenges and roll up our sleeves to find solutions. Therefore, the many challenges of the pandemic have brought us opportunities - especially the opportunity to serve our communities.

My local club, Altrusa of Greater Hartford, was able to serve by collaborating with other community organizations to feed the homeless. We found ways to keep people safe and shifted from a previous buffet-style model to individually wrapped grab-and-go meals. In addition, we received word that local women's shelters were beyond capacity and were experiencing higher demand than usual. We supported one shelter through a collection of toiletries, sleeping necessities, and undergarments; and another by gifting all twenty-two women who were living there in December of 2021 a blanket and plush bathrobe during their holiday party.

I enjoyed following on social media and through DSB articles how other Altrusa District One clubs similarly continued to serve their communities in times that have been difficult for all of us. Our collaborative efforts make me proud to be your District One First Vice-Governor.

I am excited to safely get back to in-person events where we can share our ideas and service projects and grateful to have this community of leadership, partnership, and service.

Violet

District One Board Reports Susan Porazzo, 2nd Vice Governor

I started the year by attending the 2021 District Spring Conference virtually. It was such a fun and exciting day to learn from the other Altrusan clubs. Thus began my journey as 2nd Vice Governor of District One.

In late July, I was fortunate to have a chance to attend Altrusa International Convention in Charlotte, NC. That was an extremely fun time and I enjoyed meeting members from Clubs around the US. I was asked to be an expeditor which I gladly accepted the honor. That gave me more opportunities to meet people as I was required to be around for all workshops to provide directions and assist where needed. The business session covered many updates to International By-Laws and there were a few measures to be voted on like new Officers. I am happy to say that District One's Ann Marie Snyer was elected to serve on the International Nominating Committee for 2021-2023. Congrats Ann Marie!! The exciting part of Convention was our visit to the NASCAR museum. All of us were able to take turns in a simulator and all Altrusans good-naturedly competed against each other. I know I did not win but it was a nice night. We ended Convention with Installation Banquet. Mark your calendars for July 19-22, 2023 for International Convention in San Antonio TX. Having attended an event in that city before where I stayed at a hotel on the river walk, I can tell you that while it will be hot it is a lovely city to visit.

With August came our District summer meeting to begin planning out the upcoming year's events. Rita Cote was gracious enough to host us. I enjoyed getting to know my fellow board members better. The Fall Workshop in Portland while small had so many learnings from the Clubs and the Friday night installation for Pam and the karaoke event reminded me of my first Conference as an Altrusan so many years ago also in Portland.

My first club visit took place virtually in December with Altrusa International of Portland. As I have a personal connection to the city, I enjoyed meeting the club to hear about their business and the challenges facing them as like all of us they look to grow their membership with a focus on growing leaders.

I am looking forward to my visit with Altrusa International of Greater Hartford and to Spring Conference. I thank you all for this opportunity to serve District One

Susan

District One Board Reports Cathy Baybutt, Director

I am enjoying my first year serving as a Director on the Altrusa District One Board. The director's responsibilities are to attend Fall Workshop and Spring Conference as well as attend all District One Board meetings. One additional responsibility is to visit different clubs in our District, as assigned by the Governor.

I had the pleasure of visiting the Laconia NH Club and the Sanford-Springvale ME Club. I visited both these clubs this spring.

The Laconia club was a ZOOM meeting. The meeting was well organized and well run. Members presented their reports and discussed current and future plans. As we all know Covid restrictions have curtailed many activities but the creativity of the club to come up with new fundraisers and to reach out to serve needs of the community is impressive. This is a small but mighty club. They are co-hosting the Spring Conference with the Meredith and Carroll County Clubs, so I was well acquainted with their membership.

My 2nd visit was to the Sanford-Springvale club. I was able to attend in person along with Diane Robinson from my own club. The club has 18 members and 15 were present. The meeting was well organized, and members reviewed plans for a new project. They are well connected to their local community and provide volunteers and support to many non-profits. Leaving the meeting both Diane and I felt as though we had made new friends. We encouraged members of the club to attend the Spring Conference in North Conway.

One other responsibility that I have taken on at the District One Level is on the communications team. I attempt to keep the District One Facebook page up to date by sharing other club's posts. It's quite amazing to see all that Altrusans are doing. I hope you all get to see them as well.



District One Board Reports Hilda Schmidt, Director

After serving as District One Treasurer during the last Biennium, I was not ready to leave the District Board, so I ran for District Director. Making Club visits was one of my duties which I embraced with open arms. Although, I would have preferred to make the visits in person, that was not to be. I visited both Northeastern CT and Merrimack Valley clubs via Zoom. However, on Workshop weekend, I had the pleasure of meeting the president of NECT, Carlita Cotton, and the president of Merrimack Valley, Jacquelyn Maciejewski on Friday, November 5th in person. By coincidence we ended up sitting at the same table during the evening's celebrations. It sure was nice to get acquainted before my official visits. Boy, did we have fun!!

Northeastern CT visit was on Wednesday, January 19, 2022. It is one of the District's largest clubs with 44 active members. The meeting was run efficiently, with a lot of member participation in projects serving the communities. I was happy to see two prospective members attend the meeting. Closing the meeting with a "Guess who?" game was clever. Everyone left the meeting with a smile.

I visited Merrimack Valley on Tuesday, February 8, 2022. They have 12 active members. Some members attended the Zoom meeting from the Senior Center as a group, others from home. The meeting was well run, with lively discussion on projects and solutions found. For a small club they are very busy. This club also has members involved in District. Claire Behrle, is the Committee Chair of Days for Girls and Kitty Cunningham, is Parliamentarian.

I am enjoying my year on the District One Board as a Director, and hope many of you would consider a position on the Board when asked to serve.

Hílda

Linda Ring, Immediate Past Governor

Kudos to Governor Pam, for stepping into the leadership role as Governor of Altrusa International Inc. – District One. She has picked up right where I left off and the handoff was seamless!

Over the past 5 years, I've been able to visit almost every club in District One. I've only missed one... Bangor, ME. (I visited with Bermuda and Quebec via Zoom, but it's just not the same as being in person.) I am hopeful that our schedules will align, and I'll complete that mission someday.

I participated in all the board meetings and our fall workshop. As a board member my primary role was to support and encourage. I've kept in close contact with Governor Pam, making sure she could navigate my flash drive of documentation, and she had all the support needed for planning workshop and conference. I am her sounding board, and number one cheerleader!

I'm looking forward to an exciting Conference as we return to meeting face to face. See you in North Conway!!!

Línda

2022 Mamie L. Bass Service Project Submissions

Ronald McDonald House Donation - Bangor, ME

When the Adopt a Room cost at the Ronald McDonald House rose above the Bangor Clubs funding ability, they looked for other ways to support this charity. After consulting with Staff, they voted to purchase heat register covers and new metal baseboards to improve the bedrooms at the facility. All member participated in securing the materials.

Adopting Grace House - Carroll County, NH

Carroll County Altrusa provides Comfort Bags to Grace House: a safe house for Victims of Domestic and Sexual Violence. The bags are a shower caddy that contain items needed for personal care. Also included are a personal note of encouragement and some kind of treat selected by the shopper. The plan is to make this a sustainable project.

Pamper Me Gift Bags - Central CT

We had lots of FUN getting together on our first club gathering (Halloween) in over a year on October 27th and packaging goodies for the ladies at New Horizons. Twenty gift bags were donated (and extra supplies too!) for their use on Thursday, October 28th, celebrating October as Domestic Violence Awareness Month and Make a Difference Day.

Holiday Cheer - Northeastern CT

Altrusa International of Northeastern Connecticut, working with Eastern CT Veteran's Center, Next Step Cottage and the Storrs Congregational Church, designed projects that would involve all club members and bring smiles and holiday cheer to individuals and families. Projects included donating books, providing toiletries, decorating cookies, and more. These projects provided both hands on opportunites and work at home activites.

The Heart of Our Mission - Seacoast ME

Seacoast Altrusans partnered with Community Action Partnership of Strafford County, as representing the very heart of our mission which is dedicated to helping those in the community. In this case, Altrusans provided cozy handmade blankets, created joy in delivering new books and teddy bears, and provided help bagging and distributing food to those in need.

2022 Letha H. Brown Literacy Project Submissions

Make Way for Readers - Carroll County, NH

Only 48% of 3rd graders in Carroll County demonstrate a proficiency in reading, our club partnered with local libraries and preschools to promote the 1000 Books Before Kindergarten program. Children received book bags, bookmarks, and library information, the class received a class book, and libraries received funds to promote the program. Success will see an increase in participation in the program.

Girls Love Mail - Central Connecticut

Girls Love Mail is an organization that collects inspiring, uplifting and encouraging mail to send to women with a recent Breast Cancer Diagnosis. While safely quarantining during COVID times, we stumbled upon this project and started writing inspiring and uplifting messages. Over fifty letters were submitted during October, Breast Cancer Awareness Month.

Amen (Altrusa Meets Educational Needs) - Meredith, NH

The past two school years have shown an increase in young students whose reading skills are below grade-level – in large part due to covid-related issues such as mask-wearing, remote learning, and disrupted home situations. Altrusa volunteers are providing supplemental reading support on a weekly basis by facilitating small group activities in the classroom to strengthen reading skills.

Books for Everyone - Northeastern Connecticut

Putting books in children's and families' hands is the key to literacy.

Altrusa of NECT provides books to non-profit agencies for take away libraries and literacy events. Grants fund the purchase of books and members sort, insert bookmarks and deliver books to eight agencies four times a year. Over 3000 books were delivered in the past year.

AltrusaPortlandGivesBooks.org - Portland, ME

Portland Altrusans were sitting on a treasure trove of books for kids 8-18 years old, but we struggled to distribute them. Our website, <u>altrusaportlandgivesbooks.org</u> was created to reach the older siblings of the kindergarten students we'd visited with our longstanding ABC project. We are thrilled that our website enables us to provide more youth with books of their own.

Building Bridges With Books - Seacoast

"Building Bridges With Books" is a literacy project created to bring reading into the lives of vulnerable children. Dover Children's Home and Altrusa of the Seacoast worked in tandem to provide books for different skill sets, diversities, and therapeutic needs. The benefit of reading, augments developmental strength and growth, helping to shape the residents to be productive, responsible adults.

2022 Dr. Nina Fay Calhoun International Relations Project Submission

Altrusa/Jou Nouvo Community Center Library - Plymouth County

Plymouth County Altrusans adopted Jou Nouvo, an international charity whose mission is to help the extremely poor in Haiti attain independence through education. Through extensive fundraising they bought books and computers/software for their new library. The resources provided for the library will enable learners access to targeted materials to advance their education and skills, and lead to a better life.

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2022 ASTRA Service Project Submission

Yellow Tulip Project - ASTRA of Lake Region High School

Lake Region High School ASTRA participates in a mental health initiative called the 'Yellow Tulip Project'. The ASTRA members maintain a garden of tulips at the school in solidarity with those experiencing mental illness. The goal of the project is to increase awareness of mental health. In the fall of 2021, the entire ASTRA Club participated in maintaining the garden.

2022 Newsletter Submissions

Central Connecticut - Central Breeze

Greater Biddeford-Saco, ME - The Altruist

Laconia, NH - Altrusa Life

Northeastern Connecticut - The Volunteer

Plymouth County, MA – The Cranberry Scoop

Portland, ME - Altrusagram

2022 Gabrielle Crepeau Leadership Award Nominees

(in alphabetical order)

Anne Rash

Altrusa International of Northeastern Connecticut

Violet Sims

Altrusa International of Greater Hartford, CT

Past Winners Include:

- 2003 Mary Faries, Bermuda
- 2004 Elaine Hussey, Seacoast, NH
- 2005 Idell Lipman, Meredith, NH
- 2006 Monica Bennett, Meredith, NH
- 2007 Helen Robinson, Meredith, NH
- 2008 Marty Tompkins, Portland, ME
- 2009 Kathleen Didato, Central CT
- 2010 Cecile Andrews, Meredith, NH
- 2011 Sue Wale, Bermuda
- 2012 Marian Cumming, Bermuda
- 2013 none
- 2014 none
- 2015 Linda Hennebury, Greater Biddeford-Saco, ME
- 2016 Norma Latham, Bermuda
- 2017 Anita Chandler, Portland, ME
- 2018 Kathy Richo, Merrimack Valley, NH
- 2019 Denise Doyon, Greater Biddeford-Saco, ME
- 2020 Madeleine Ferguson, Quebec, Canada
- 2021 Linda Ring, Central CT

2021-2023 District Officers				
Governor	Pamela Lemieux, Portland 207-797-4494 pamela.lemieux@myfairpoint.net			
Governor Elect	Rita Cote, Greater Biddeford-Saco 207-602-8179 rita@jonescove.net			
1st Vice Governor	Violet Sims, Greater Hartford 860-223-2213 violetsims@yahoo.com			
2 nd Vice Governor	Susan Porazzo, Plymouth County 774-444-4079 smporazzo@hotmail.com			
Treasurer	Wanda Pettersen, Portland 207-756-4431 kettlecove 6@msn.com			
Secretary	Marie Pike, Portland 207-219-8653 pikerino2@aol.com			
Directors	Cathy Baybutt, Carroll County 603-651-8464 cathybaybutt@gmail.com Hilda Schmidt, Central CT 203-592-4819 HildaCSchmidt@hotmail.com			
Immediate Past Governor	Linda Ring, Central CT 860-490-8211 Linda.Ring.Altrusa@gmail.com			

2021-2023 Committee Chairs			
Archives	Lucia Shannon, Plymouth County		
	508-586-0775		
	Imbshannon9@gmail.com		
Bylaws, Resolutions	Pat Jackowski, Central CT		
Recommendations	860-344-8622		
	pjjcjj@sbcglobal.net		
Communications, Chair	Deb Lemieux, Portland		
• DSB	Deb Lemieux, Portland		
	207-310-4509		
	dalemieux33@gmail.com		
Webmaster	Linda Ring, Central CT 860-490-8211		
O a stall Mary III	Linda.Ring.Altrusa@gmail.com		
Social Media	Cathy Baybutt, Carroll County 603-651-8464		
	cathybaybutt@gmail.com		
Foundation Liaison	Anne Rash, Northeastern CT		
l odridation Liaison	860-617-5715		
	annerash@charter.net		
Leadership	Susan Ulino, Northeastern CT		
Leadership	860-742-1288		
	isadorad@charter.net		
Membership	Jenn Belcher, Plymouth County		
	774-259-8320		
	JLBelcher79@gmail.com		
ASTRA Liaison	Trish Maxim, Portland		
	207-693-6516		
	campnaples@fairpoint.net		
Parliamentarian	Kitty Cunningham, Merrimack Valley		
	813-394-0301		
	kcunning_99@yahoo.com		
Service	Anita Chandler, Portland		
	207-772-2701		
	achandler@maine.rr.com		
Days for Girls	Claire Berhle, Merrimack Valley		
	978-256-4838		
	sbehrle@aol.com		
Nominating	Mary Faries, Bermuda (Chair)		
	Charlene Muscato, Merrimack Valley		
	Lucille Prescott, Greater Biddeford-Saco		

District One Club Presidents			
Bangor, ME Martha Porter mewporter@yahoo.com	Meredith, NH Sylvia Detscher sylviadetscher@gmail.com		
Bermuda Mary Faries maryff@ibl.bm	Merrimack Valley, MA Jackie Maciejewski jackie.maciejewski@yahoo.com		
Carroll County, NH Nancy Spaulding spauldingnancy@gmail.com	Northeastern Connecticut Carlita Cotton drcarlitabcotton@gmail.com		
Central Connecticut Lynne Reilly Havlicek clreilly24@yahoo.com	Plymouth County, MA Susan Porazzo smporazzo@hotmail.com		
Greater Biddeford-Saco, ME Laura Cortwright Ilccmb@yahoo.com	Portland, ME Deborah Lemieux dalemieux33@gmail.com		
Greater Hartford, CT Jackie Medina jlynmed@yahoo.com	Quebec Danielle Blondin gingrasblondin@hotmail.com		
Laconia, NH Susan Clauson Sclauson55@atlanticbb.net	Quincy, MA Rebecca Lambert-Egan (Acting) brjznab@aol.com		
Litchfield County, CT Ann Lindner lindnerd@optonline.net	Sanford-Springvale, ME Thea Murphy theaellamurphy@gmail.com		
	Seacoast, NH Barbara Leavey blueheron518@gmail.com		

District One Past Governors

2019-2021 2017-2019 2015-2017 2013-2015 2011-2013 2009-2011 2008-2009 2006-2008 2004-2006 2002-2004 2000-2002 1998-2000 1996-1998 1994-1996 1992-1994 1990-1992 1988-1990 1986-1988 1984-1986 1982-1984 1980-1982 1978-1980 1976-1978 1976-1978 1970-1972 1968-1970 1966-1968 1964-1966 1962-1964 1960-1962 1958-1958	Linda Ring, Central CT Anne Rash, Northeastern CT Sue Hawes, Bangor, ME Mary Faries, Bermuda Susannah Leslie, Plymouth County, MA Ann Babbitt, Portland, ME Joanne Doherty, Portland, ME Terri Houston, Plymouth County, MA Ann Marie Snyer, Merrimack Valley, MA Susan Swanton, Greater Biddeford-Saco, ME Bobbie Tundermann, Middletown, CT Sandra LaBonte, Seacoast, NH Katherine Cunningham, Merrimack Valley, MA Alicia Williams, Waterbury Center, VT Denise Doyon, Greater Biddeford-Saco, ME Danielle Gingras, Quebec, Canada Jennifer Kensel, Middletown, CT *Adrienne Stevens, Laconia, NH *Mary Patterson, Bermuda *Marianne Wroble Cox, Plymouth County, MA *Anita Violette, Lewiston-Auburn, ME *Angela Amicone, Litchfield County, CT *Dorothy Meredith, Biddeford-Saco, ME *Mona Carle, Bermuda *Leola Riley, Portland, ME *Jennie Mead, Montreal, Canada *Julianne Eastman, Barre, VT *Dr. Yolande O'Neill, Quebec, Canada *Loretta White, Middletown, CT *Irene Farnhum, Portsmouth, NH *Grace Norwood, Plymouth County, MA *Marian L. Tyler, Portland ME *Alexinia Baldwin, Ph.D.
1002 1004	Past Governor, District Two

*=deceased

District One Dignitaries

1997-1999	*Alexinia Baldwin, Ph.D.
	International Past President
1999-2001	*Barbara Chinn
	International Past President

<u>Awards</u>

Award	First	Second	Third
First Timers Award			
Conference Attendance Number in attendance	Portland, ME (10)	Seacoast, ME (8)	Greater Biddeford-Saco, ME (7)
Conference Attendance % Based on Number of Club Members	Merrimack Valley, MA 41.67%	Seacoast, ME 35%	Meredith, NH 32.65%
Membership Number New Members	Northeastern CT (3) Sanford-Springvale, ME (3)		Greater Biddeford-Saco, ME (2) Portland, ME (2)
Net Gain New Members	Sanford-Springvale, ME (1)		
Conference Host Award	Carroll County, NH Laconia, NH Meredith, NH		
Newsletter	Central CT Central Breeze Editor: Elsie Mathews	Portland, ME Altrusagram Editor: Marie Pike	Laconia, NH <i>Altrusa Life</i> Editor: Sue Clauson
ASTRA	Lake Region High School Yellow Tulip Project		
Mamie L. Bass – Service	Seacoast, ME The Heart of Our Mission	Bangor, ME Ronald McDonald House <u>Donation</u>	Northeastern CT Holiday Cheer
Letha A. Brown – Literacy	Meredith, NH AMEN (Altrusa Meets Educational Needs)	Seacoast, ME Building Bridges with Books	Portland, ME AltrusaPortlandGivesBooks
Nina Faye Calhoun – International	Plymouth County, MA Altrusa/Juo Nouvo Community Center Library		
Gabrielle Crepeau - Leadership Award	Anne Rash Northeastern CT		

NATIONAL ANTHEMS

UNITED STATES OF AMERICA

Oh, say can you see, by the dawn's early light,
What so proudly we hailed at the twilight's last gleaming
Whose broad stripes and bright stars
Through the perilous fight
O'er the ramparts we watched, were so gallantly streaming
And the rockets' red glare, the bombs bursting in air,
Gave proof through the night that our flag was still there.
Oh, say, does that star spangled banner yet wave,
O'er the land of the free and the home of the brave.

BERMUDA

God save our Gracious Queen
Long live our noble Queen,
God Save the Queen
Send her Victorious,
Happy and Glorious
Long to reign over us
God Save the Queen.

CANADA

O Canada! Our home and native land!
True patriot love in all thy sons command.
With glowing hearts we see thee rise,
The True North strong and free
From far and wide, O Canada
We stand on guard for thee!
God keep our land glorious and free!
O Canada! We stand on guard for thee!
O Canada! We stand on guard for thee!

Ô CANADA! Terre de nos aïeux

Ton front est ceint de fleurons glorieux
Car ton bras sait porter l'épée
Il sait porter la croix
Ton histoire est une épopée
Des plus brillants exploits
Et ta valeur, de foi trempée
Protègera nos foyers et nos droits.
Protègera nos foyers et nos droits.

Altrusa District One Celebration of Lives 2021-2022



Helen Fletcher Bermuda



Sarah Jane Poli Greater Biddeford-Saco



Sharon Staz Greater Biddeford-Saco



Judy Addazio Litchfield



Susan Amiss Meredith



J. Lynne Stanley-Haney Northeastern CT



Jane McGuigan Northeastern CT



Theresa Mancini Portland



Carolyn Holman Portland





Kelly Cobble Quincy

