



**Board of Directors  
2020 to 2022**

**Nancy Spaulding - President**  
[spauldingnancy@gmail.com](mailto:spauldingnancy@gmail.com)  
603-387-7475

**Ellen Andreano - VP**  
[ellen48andreano@gmail.com](mailto:ellen48andreano@gmail.com)  
603-901-1088

**Cathy Sholtanis - Secretary**  
[rsholtanis@roadrunner.com](mailto:rsholtanis@roadrunner.com)  
603-662-8605

**Cathy Baybutt - Treasurer**  
[cathybaybutt@gmail.com](mailto:cathybaybutt@gmail.com)  
603-651-8464

**Diane Robinson - Past President**  
[dlobinson603@gmail.com](mailto:dlobinson603@gmail.com)  
603-387-7395

**Cindy Hyatt - Board (2021)**  
[cinhy728@gmail.com](mailto:cinhy728@gmail.com)  
603-387-9078

**Beth Wheatley Dyson - Board (2022)**  
[ewheatleydyson@gmail.com](mailto:ewheatleydyson@gmail.com)  
781-690-6919

**Pat McCoy - Board (2022)**  
[brooksdanade@gmail.com](mailto:brooksdanade@gmail.com)  
603-539-6336 (Bud's)

**Newsletter Editor**  
**Cathy Baybutt**  
[cathybaybutt@gmail.com](mailto:cathybaybutt@gmail.com)  
603-651-8464

**Dates to remember**

|                       |              |
|-----------------------|--------------|
| UN - Day of Education | Sun, Jan 24  |
| Board Meeting         | Mon, Jan 25  |
| End 68hrs of Hunger   | Thur, Jan 28 |
| Club Meeting          | Tues, Feb 2  |
| Board Meeting         | Mon, Feb 22  |
| End 68hrs of Hunger   | Thur, Feb 25 |
| Club Meeting          | Tues, Mar 2  |
| Grant deadline        | Mon, Mar 15  |
| Awards deadline       | Mon, Mar 15  |

**President's Message**

Happy New Year Carroll County Altrusa Members!

We all have so many hopes for a "better" 2021, with Covid, hugging friends and family, eating out at restaurants, helping others in need, getting a little normalcy in our lives, helping those in Carroll County who are struggling during this difficult time, and of course, staying healthy.

I am so proud of all who are helping pack the **68 Hours of Hunger** bags for all those children in need in our county schools. Many of us have signed up to help pack those bags over the next 3 months and I am proud of us for our support in this worthy cause. Thank you to Pat Kehoe for sending the three months dates and being our contact for this worthy cause. Anyone who wants to help can reach out to Pat Kehoe or myself to join this easy way to contribute. It only takes about an hour and is so organized and fun to see how efficient we can be to pack the bags for all of the schools in the county that need help.

January is our last push to collect for the 3 charities we voted to support over the holidays. Please do what you can to support these charities by sending a donation (any amount is great) to the Altrusa International of Carroll County, NH mailbox; PO Box 202, Tamworth, NH 03886, or call or text me if you would like me to pick up a donation from you by the end of January. The three charities are; The Laura Foundation, any of local food pantries, and The Starting Point women's shelter. Thank you for all you have donated so far!

I look forward to meeting at the Starting Point offices on Tuesday the 12<sup>th</sup> to drop off the "trunk full" of supplies we have collected to help the people at the Starting Point Shelter. We will tally up all the monetary donations and share the totals of your generosity from November to January at the end of the month and invite any who want to join us for our "big check" picture opportunity to these three lucky charities.



President's message continued...

I am so excited that we will be adding a couple new members to club soon. We are so happy to welcome Shawn Rogers and Marilyn Hughes to Altrusa of Carroll County!! News of a virtual initiation ceremony by the Membership Committee to come. They already volunteer and help out in our programs so it will be great to make it "official!"



I am looking forward to submitting some grants and award submissions to Altrusa's District One for a few of the wonderful projects we do each year as well as create a new literacy program with any members who are interested in joining a zoom committee meeting for planning a way to support our school libraries. Please let me know if you are interested in joining Cindy, Cathy Sh, Lisa, Beth, and myself to work on this idea.

I look forward to seeing your smiling faces as we Zoom at a new time for our board meetings: Last Monday of the Month at 4PM, and at our club business meetings at the same time; First Tuesday of the month at 6PM. Stay healthy, stay happy as the daylight increases each day, stay positive, because working together we all make a positive difference.

Your Altrusa Sister,  
Nancy Spaulding

*Happy New Year*  
2021

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To join, look for an email from president Nancy Spaulding with the ZOOM link. Don't forget to reply at the bottom of the page whether you are planning to attend or not. If you need help, contact Nancy, she can walk you through the connection.

**Business Meeting Schedule - 2021  
ZOOM - 6PM**

**1st Tuesday, February 2nd - ZOOM**

**1st Tuesday, March 2nd - ZOOM**

**1st Tuesday, April 6th - ZOOM**

**1st Tuesday, May 4th - TBD**

**1st Tuesday, June 1st - TBD**

**Board of Directors meeting**

**Moved to last Monday of the month  
ZOOM - 4PM**

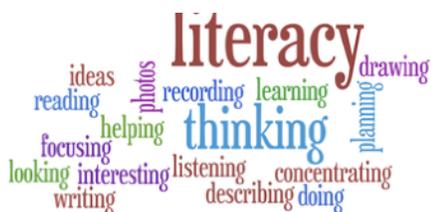
**Last Monday - January 25th - ZOOM**

**Last Monday - February 22nd - ZOOM**

**Last Monday - March 29th - ZOOM**

**Last Monday - April 26th - TBD**

# Literacy Committee



Co-Chair: Lisa Maggiolo & Cathy Sholtanis  
Members: Sue Battles, Lorraine Streeter, Beth Wheatley Dyson,  
Anne McKenna, Dreaaner Sanford

## Mail For Me - update

As of 12/31/20, we have ordered 19 **Mail for Me** subscriptions for a total of \$388.98. This is a total of 6 Schools. There has been a challenge this year because of Covid-19. Because the set up of the schools this year, it has been a challenge to get the parent permission forms back. But we will keep trying.

## Book Bags for Babies:



Book Bags for Babies is a program that CC Altrusa has partnered with the Friends of Cook Library in Tamworth for many years. We make book bags, include information about the importance of reading to infants and the Friends pack the bags with age appropriate baby books. These are given to the parents of newborns along with information about the child programs at the library. Last year 14 bags were given out. Currently we have a good supply of completed bags, but we will prepared a few kits (ready to stitch) in anticipation of a potential baby boom. Barb organizes the cutting and kit making and members sew up the bags. We have decided to submit this project to District One for the Letha Brown Literacy Award.

## Investigating two new Literacy projects

### 1000 Books Before Kindergarten:

Many of the local town libraries support this program which encourages parents and pre-K children to read on a regular basis. There are charts and logs that the children / parents can keep which tracks the name of the book that was read. There is even a phone APP that helps them keep track of books. Each library has its own way of promoting this program. The State library has bags with the 1000 books before Kindergarten logo and we thought purchasing these bags for \$2 and giving them to participating children, might be a way to support this program. Since Literacy is a big part of Altrusa's mission, a committee was formed to see if there is some way that Carroll County Altrusa could support this program. Beth, Cathy Sh, Lisa, Cindy, & Nancy volunteered to work on this. Cindy Hyatt will meet with Cynthia Scott who lives in Wolfeboro and is the chairman of the Carroll County Librarians.

### The Great Stone Face Book Award:

Many local school librarians participate in this program which is sponsored by the NH State Library. Each year a list of 20 books is created by the NH State Library. The librarians then read these books with their students throughout the school year. Near the end of the year the students vote on their favorite book and this creates the **Great Stone Face Book Award**. Nancy spoke with the Madison school librarian and she purchases these books with her limited budget, so we imagine that all participating schools have the same issue. The same committee will be following up with schools in the county that participate and see if there is an opportunity for Altrusa to support this program.

Both of these projects might be supported by applying for a Grant for Altrusa International.



# Community Service

Chairman, Pat Kehoe

Members: Sue Battles, Cathy Baybutt, Beth Wheatley Dyson, Cindy Hyatt, Lisa Maggiolo Pat McCoy, Dreaner Sanford, Kathy Somerville, Lorraine Streeter

Bring your ideas for Community service to this committee. They will make it happen!



The November 23rd packing crew - Kathy S, Sue, Ruth, Marsh, Nancy, Shawn, Cathy B

## End 68 hrs of Hunger

CC Altrusa club members have packed these weekend food bags for several years. We pack on the 4th Thursday of the month. In November and December the program gave gift cards to grocery stores to the families, so members took their time to straighten out the shelves and restock them with what food was available. The next dates for packing are 10 AM on

**Thursday - January 28th**  
**Thursday - February 25th**  
**Thursday - March 25th**

Contact Pat Kehoe if you would like to pack

## Foster Family Christmas Party with DCYF



When Carroll County Altrusa chartered in May 2006, partnering with DCYF was the first big community outreach program. The “Party” has continued and despite Covid-19 even with all the restrictions, happened on December 12th. Because of all the constraints and guidelines to deal with Covid, we had to think outside the box. The First Congregational Church of Ossipee approved of us using their large parking area for an outdoor event. We had hoped to have games, and projects for the families. Then new restrictions were put in place, so plan B was to host a drive through party. We had received a generous donation of Backpacks, so the club purchased a book for each child (52), wrapped it and packed it into the backpack. Because we had no craft events, members cut colorful paper for a paper chain and included that along with a glue stick for each family to make decorations for their own Christmas tree. Members baked lots of goodies and then the morning of the event, packed them ready for pick up. Everyone looks forward to next year in hopes that we will again be able to gather together for a social time celebrating the holidays.

Thanks to our many volunteers the DCYF Drive by event was a success. Although we had only 3 families come by they enjoyed seeing Santa and the elves and receiving their backpacks with books and sweet treats to bring in the holiday season. Meghan Rouleau of DCYF was on hand to assist and she took the remaining bags and goodies to personally deliver the spirit to the families in Carroll County. We look forward to next year when families can gather once again to celebrate in person. We could not have done this without you, our Altrusa sisters who sorted, purchased and wrapped books, baked goodies, made crafts and were on hand to organize the distribution.

Beth Wheatley Dyson



## Tamworth Community Christmas Project - 2020

In 1992 a small group of people from Tamworth wanted to make a difference and help local children have warm clothing particularly so they could participate in all the outdoor activities at the school. The Tamworth Community Christmas Project was started.

It has evolved over the years. Originally a large bulk order of jackets, boots and snow pants was placed with Walmart, then a group took those items and packed them in a bag for individual children. As the number of children grew, that method became extremely challenging. That's about the same time that I (who had been a volunteer) was all of a sudden the Chair of the project.

Knowing that my Altrusa sisters were always willing to lend a hand, I decided to ask members if they would shop for a family (cost of all items would be reimbursed). So in 2014 Altrusa members became TCCP shoppers. This simple act of volunteering made a huge difference in the quality of the shopping, the matching of outfits and the proper size of all the purchases.



This year with Covid-19, shopping was a challenge as many members were uncomfortable going out to shop. But the amazing thing is that 10 members shopped. The local staff at the school also had many volunteers and TCCP provided warm clothing, boots, shoes, and a toy and book for 66 children from 28 families.

So I want to give a special Thank you to **Barb Kennett, Sue Battles, Judy Taylor, Betsy Spencer, Beth Wheatley Dyson, Diane Robinson, Peggy Poirier, Lisa Maggiolo, Cathy Sholtanis and Nancy Spaulding**. This project would not have happened without your help.

A special thank you to **Lorraine Streeter** who has written our thank you notes to all of the contributors. That is such an important part of a project and Lorraine does it very well.

I am so grateful to be part of this wonderful organization and Thank you all for always stepping up to help.

Cathy Baybutt



# Thank you notes from those we support

## DCYF

To all the wonderful women of Altrusa,

The entire Conway DCYF office sends our sincere thank you for all of your time and hard work making this year's Holiday party such a success. This year brought some challenges to say the least and we just can't thank you enough for embracing the challenges and making the event just as special as ever!

Our office and our foster children and families are so lucky to have wonderful, caring people like you in our community.

Thank you, Thank you, Thank you,  
From the entire Conway DCYF Office,

## **First Baptist Church of Hingham**

On behalf of the Soldiers Care Package Outreach and the needy Soldiers who your compassion touches, we want to thank you for all that you've done this year.

Whether you've partnered with us to donate supplies or provide financial funds for supplies/postage, you've shared invaluable hope with those who need it most.

May God bless you for your thoughtfulness.



Dear Carroll County Altrusa

Thank you for your very kind donation to Jen's Friends 23rd (Virtual) Annual Climb Against Cancer.

Your generosity makes a difference in the lives of our friends and neighbors here in the Mount Washington Valley dealing with a cancer diagnosis. 100% of the funds we raise go directly to help these families with their everyday living expenses as they fight this dreaded disease. Some of these expenses include:

- Groceries
- Transportation Cost
- Housing Cost
- Other everyday living expenses

With your help we strive to support quality of life so that they can focus on beating the disease. We are currently helping 70 families at a monthly cost exceeding \$24,000.

We couldn't do it without you. *"In the Fight Against Cancer, You Can Never Have Too Many Friends."*

We thank you for making a difference.

Jen's Friends

*Thank you so much for your support of our "virtual" climb which enables us to continue our mission,  
Stephanie & Jen's Friends  
Stay Healthy & Happy Holidays*



## Ways to volunteer this winter

(Some can be done from home)



- End 68hrs of Hunger (4th Thursday of each month)
- Deliver Meals on Wheels
  - Programs at the Gibson Center, North Conway
  - Moultonboro Lions Club, Moultonboro
  - Ossipee Concerned Citizens, covers Tamworth & Ossipee
- Write cards to be included in the SOS project - contact Cathy Baybutt
- Knit baby hats for Memorial Hospital birthing center - Contact Diane Robinson or Cathy Baybutt
- Knit / Crochet squares for the Veterans blankets assembled by the Central Ct club
- Knit / Crochet chem caps delivered to oncology departments
- Help cut and assemble Book Bags for Babies, and also stitch them up - Contact Barb Kennett
- Deliver books from your local library to the housebound - contact your local library
- RSVP - needs drivers - see below

### RSVP

Connecting People to Purpose



**AmeriCorps**  
Seniors

**Volunteer Transportation Drivers Needed!**  
**Carroll County Retired & Senior Volunteer Program (RSVP)**

RSVP is officially putting out a call for volunteer drivers for the Chocorua, Madison, Moultonborough, Ossipee, Sandwich, Tamworth, Tuftonboro, Wakefield and Wolfeboro Areas

Many Senior, Veteran and Retired people in our community are no longer able to drive. Many also do not have family or friends close by to help. These same people may be on fixed incomes and need to see their doctors or receive medical treatment on a regular basis. RSVP's Medical Transportation Program provides FREE rides to medical appointments to people over age 60 that can no longer drive or have disabilities. We also provide rides to *any* age for individuals with disabilities but they must be ambulatory.

**Please consider driving for RSVP- even one day a week or month can make a huge difference!**

**VOLUNTEER DRIVING IS EASY!**  
There's no minimum commitment to drive... drive as much or as little as you want  
Drivers fit trips to their schedules  
Rides are set up by phone and/or email  
COVID-19 Policies are set in place to ensure the safety of everyone involved  
Mileage Reimbursement is available, Department of Transportation (DOT)  
Volunteer drivers must be 55 and up

Now, more than ever, do we need your help!

**Please contact Angelica Kitsis at Carroll County RSVP**  
**@ 603-356-9331 or email [info.ccrsvp@gmail.com](mailto:info.ccrsvp@gmail.com)**

**Visit our website to learn more: [www.carrollcountyrsvp.org](http://www.carrollcountyrsvp.org)**



## Membership Committee



Co-Chair: Barb Kennett & Ruth Stevens  
Members: Peg Poirier, Diane Robinson,  
Marsha Brown, Cheryl Lang

This committee will be planning a virtual initiation for two new members. This will probably happen after April. Shawn Rogers and Marilyn Hughes plan to become members in April. If restrictions improve and in person meeting are allowed, we will all look forward to this event. In the mean time anyone who is interested in Altrusa or has a friend interested can contact Barb or Ruth for a membership information kit and to answer questions about membership.

## Hospitality Committee



Co-Chair: Jan Estes & Diane Robinson  
Members: Kathy Laracy, Kathy Miller Donna West & Janel Maxwell,

Thank you to the Jan for submitting recipes for this issue of the Chatter. They sound delicious.

This committee has been challenged by not in person meetings, but we know they are all safe at home and get to join us on ZOOM.



# What's your Passion?

## Just One Life - submitted by Cindy Hyatt

Cathy Baybutt asked me to write about my passion. The problem is that I am not a passionate person . . . but I know some passionate people. One of them is Mitch Yeaton, President of White Horse Recovery Services. Mitch grew up in Ossipee but left to pursue his career. Through his church while he was living "away", Mitch got involved as a Board member for a Christian Recovery Program. He got hooked on what they were doing and so his passion was born. He saw the lives of those who were lost in addiction reclaimed. Fast forward a few years and Mitch and his wife Gloria retire to Carroll County. That is when I met him. He made a presentation at our church that reminded me of Martin Luther King's I have a dream speech. Mitch's dream was/is to create a multifaceted recovery program that supports the addict from initial withdrawal through treatment, recovery, job training, housing and sober living. He shared that he felt led to serve Ossipee in this way and asked if any would join him. It was powerful . . . and even more so when a member of the congregation stood up and said, "I want to help." That was the beginning of White Horse Recovery. Volunteers renovated a couple of abandoned buildings on the grounds of FCCO (First Congregational Church of Ossipee) and that became the first home of White Horse. They continue to provide services at that location but have expanded to include a center in North Conway and a Thrift Store in the Indian Mound Plaza. Currently, they offer day treatment, groups and referral facilitation to detox programs. Mitch's dream is to expand to a residential program that offers detox as well as up to 2 years of recovery that will include job training and placement. It is pretty exciting.



I have no doubt that every one of us has been impacted by addiction – drugs and/or alcohol. Some have been devastated by it. Addiction knows no age restrictions or socioeconomic boundaries. Addiction places a toll on our schools, our court system, our first responders, our social service agencies, and our hospitals and health care providers. It is destroying a generation and is passed from generation to generation. We cannot turn our backs on the issue because it is in our faces and in our families or even in our homes. Treatment is the answer and we are blessed to have individuals who are passionate like Mitch to take on making a difference.

If you are interested in sharing his passion for the those among us with substance abuse disorders, you can send a check; drop off items to sell at the Thrift Shop (your gently used clothing, housewares, furniture); shop and/or volunteer at the Thrift Shop or contact Mitch at White Horse to discover how your particular gifts/interests can be used. You can also encourage potential clients to seek help with just a phone call or stop in.

<https://whitehorserecovery.org/contact/>

Mailing address: PO Box 487, **Center** Ossipee, NH 03814.  
**White Horse Recovery** 68 Route 16B **Center** Ossipee, NH  
(603) 651-1441, Ext. 3. HOURS Mon-Fri ... 9-5



## District One News

### S.O.S. Support Our Soldiers

This District One service project was initiated at our cancelled Spring Conference. Our club has sent cards four time since then.

Cathy B will continue to collect thank you cards to soldiers. These cards are sent to [SoldiersCarePackages.com](http://SoldiersCarePackages.com). These cards are included in care packages sent to deployed soldiers serving overseas.

Cathy plans to send another box of cards out mid January. This is one easy way to support Altrusa and our soldiers. Just get in touch with Cathy and we can figure out how to pick up cards and collect them for the next mailing. Thanks everyone for supporting this project,



### District One Spring Conference

**April 2021 Conference will be VIRTUAL!**

The District One Board met briefly on December 29<sup>th</sup> to review the results of the 'Conference Attendance' poll that I asked you to conduct. Due to very small numbers of members who will attend, and delays in disseminating the COVID vaccine, the Board voted to change our 2021 Conference to a Virtual one, and cancel the hotel contract as planned.

The Board and Committee Chairs will meet on January 16<sup>th</sup> to discuss all aspects of the formerly planned conference, and how to re-format moving forward. We are considering the business that needs to be addressed, as well as your personal comfort, time spent in front of the computer screen, and our ability to somehow 'get us all together' in some fashion.

**Stay tuned for updates!**

### International Convention - Charlotte, NC - July 28 to Aug 1

Because of Covid and restricted travel to Canada the Convention planned for Quebec has been postponed until 2025. The Convention has been moved to Charlotte, NC. The date has also been changed to one week later than previously planned. Details will be coming out from International in January.

**Save the date.**



## United Nations Day of Observation: January 24, 2021 International Day of Education

Education is a human right, a public good and a public responsibility. The United Nations General Assembly (December 3, 2018) proclaimed 24 January as **International Day of Education**, in celebration of the role of education for peace and development. The 2021 Theme focuses on "Global Campaign for Peace"

Without inclusive and equitable quality education and lifelong opportunities for all, countries will not succeed in achieving gender equality and breaking the cycle of poverty that is leaving millions of children, youth and adults behind.

Today, 258 million children and youth still do not attend school; 617 million children and adolescents cannot read and do basic math; less than 40% of girls in sub-Saharan Africa complete lower secondary school and some four million children and youth refugees are out of school. Their right to education is being violated and it is unacceptable within the values of the UN. It is also a day to celebrate Altrusa's worldwide commitment to literacy.

"Because, now more than ever, we need to mobilize. UNESCO, on the occasion of the International Day of Education, is issuing a call for action - action for education. High-level political authorities and citizens, States and associations, teachers and parents of students: everyone, in their own way, has a role to play in making the right to education a reality for all. It is our responsibility to future generations."

— Audrey Azoulay, Director General, Message on the occasion of the International Day of Education

# Recipes

## Chicken Casserole

4 boneless chicken breast, split and flattened.

Place chicken in a greased 9X13 casserole.

Cover chicken with 4 oz shredded Swiss cheese

Add 1 can cream of chicken soup diluted with 1/2 cup of water or 1/3 cup of milk.

Sprinkle 1 cup Pepperidge Farm bread crumbs over chicken and pour 1/2 stick melted butter or margarine over all. Keep moist.

Bake in a 325-350 degree oven for 40 to 45 minutes. I use a 350 degree oven.

submitted by Jan Estes



## Jeanne's Magic Bars

1 stick margarine or butter, 1 1/2 cups crushed graham crackers, 1 can sweetened condensed milk, 1 cup (6 oz) semi sweet chocolate chips, 1 can (3 1/2) oz flaked coconuts, 1 cup chopped nuts.

Melt butter in a 9 by 13 pan, remove from heat

Sprinkle the graham crackers over the butter

Pour the condensed milk over the crumbs

Top with the chocolate chips, coconut and nuts

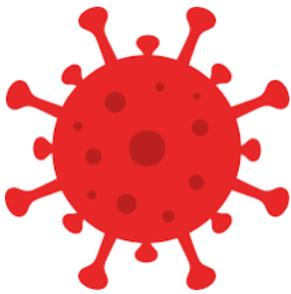
Press down gently

Bake at 350 degrees for 25 minutes

Cool and cut

Submitted by Jan Estes





## Ideas for staying connected during the isolation of Covid and Winter



Being isolated so much during the pandemic has required adapting to new routines and activities. These two programs have helped me to fight the boredom and keep busy. **Cathy Sholtanis** made these suggestions.

### *StoryWorth.*

For my birthday last May, my daughter and her family presented me with a subscription to Storyworth. This is designed to get older people to write down their stories, to pass them on to the next generations. Each week, they send me a question, designed to be a writing prompt. I can write about this or choose a different one. At the end of the week, I submit this back to Storyworth and they send a copy to Deb. I can also include pictures. At the end of the year, they will put all of the stories in a book and send us each a copy.

It has been such fun, searching back in my memory to write about my childhood, my parents, trips I have taken. Each one of these stories has generated so much discussion for my family, and has even seemed to improve my memory! This is truly a gift that will keep on giving for years to come, and has given me a new hobby.

[https://welcome.storyworth.com/?utm\\_source=storyworth&utm\\_medium=email&utm\\_campaign=t-giving\\_sale\\_announcement&utm\\_content=Thanksgiving2020&source\\_id=email&sub1=t-](https://welcome.storyworth.com/?utm_source=storyworth&utm_medium=email&utm_campaign=t-giving_sale_announcement&utm_content=Thanksgiving2020&source_id=email&sub1=t-)



# reade-o

This pandemic has been especially hard on grandparents. I, for one, have hardly seen the youngest of the great grandchildren. Some enterprising entrepreneurs have found a way to keep these generations connected. It is called Read-e-o and it is a way to virtually read a story to the precious little ones. I have done the free month trial and, after that, it will be \$9.99 a month. The first time was such fun, and I can't wait to do it again. Three year old Rosie, the hardest to keep involved, has already picked the book she wants read. There is a good selection of books, though some were not the greatest literature, and shows ages that the books were geared to. Here is the link:

[https://www.reade-o.com/promo/try-virtual-storytime-free-trial/?fbclid=IwAR2QIx7Z0cDeraU4vzkSTbo4ROMz4KqDI\\_NIIJDdFbinXVp5J2sC3xEpK8](https://www.reade-o.com/promo/try-virtual-storytime-free-trial/?fbclid=IwAR2QIx7Z0cDeraU4vzkSTbo4ROMz4KqDI_NIIJDdFbinXVp5J2sC3xEpK8)

## ALTRUSA KEY - from the Altrusa Traditions available at Altrusa.org

- **AMITY** More than any other one thing the woman in business and professional work needs friends. Especially does she need friends whose interests differ from those which keep her busy throughout the working day. Altrusa offers **AMITY**
- **LOYALTY** To such women, self-realization means, first of all, loyalty to one's own ideals. Next, it means loyalty to one's friends, and, through them, to all women, and, through loyalty to women, loyalty to one's country. Altrusa stimulates **LOYALTY**
- **TALENT** Talent needs recognition. No matter how great a person's ability may be, it never reaches its most effective level unless it is understood, encouraged, and developed by contact with the talents of others. Altrusa encourages the expression of **TALENT**
- **RECIPROCITY** Each and every one of us needs not only contacts which will aid us, but a chance to try to give corresponding benefit to others. We all need some avenue for making self unselfish. Altrusa gives impetus to **Reciprocity**
- **UNITY** When individuals form a unit which is so big in its aims that self is forgotten in the common purpose of the group, such Unity accomplishes the next step in the evolution of womankind. Altrusa develops **Unity**
- **SERVICE** Because of friendship, loyalty, ability, unity, and mutual giving, Altrusa means **Service**
- **ACHIEVEMENT** Through such a plan of living and contact and mutual stimulation, Altrusa brings **Achievement**
- Florence Mateer Altrusa Club of Columbus, Ohio Printed 1924/adopted at the 1925 Convention

### Contact information

Altrusa International of Carroll County, NH  
PO Box 202, Tamworth, NH 03886

<http://carrollcountyaltrusa.blogspot.com>

District One [www.districtone.altrusa.org](http://www.districtone.altrusa.org)

District Service Bulletin email  
[altrusa.districtone.dsb@gmail.com](mailto:altrusa.districtone.dsb@gmail.com)

International Website [www.altrusa.org](http://www.altrusa.org)

Facebook: Altrusa of Carroll County

[altrusacarrollcounty@gmail.com](mailto:altrusacarrollcounty@gmail.com)



 **Member Birthdays**

|               |                       |
|---------------|-----------------------|
| <b>Jan 18</b> | <b>Kathy Laracy</b>   |
| <b>Jan 22</b> | <b>Lisa Maggiolo</b>  |
| <b>Feb 17</b> | <b>Diane Robinson</b> |
| <b>Mar 10</b> | <b>Ruth Stevens</b>   |
| <b>Mar 11</b> | <b>Jan Estes</b>      |
| <b>Mar 16</b> | <b>Donna West</b>     |