



JULY, 2019

ALTRUSA
INTERNATIONAL OF GREATER BIDDEFORD-SACO, MAINE, USA

Email: internationalaltrusabiddeford@gmail.com
Website: <https://districtone.altrusa.org/biddeford-saco>

President	Rita Cote	P. O. Box 8 , Waterboro, ME 04061	207-602-8179	rcote7648@gmail.com
V-President	Laura Cortright	63 Pike Street, Biddeford, ME	207-409-4375	llccmb@yahoo.com
Secretary	Sandra McKenney	5 Grenier Avenue, Biddeford, ME	207-282-3066	rmckenney5@maine.rr.com
	Sharon Staz	17 Water Street, #11, K'bunk, ME	207-468-0428	sastaz28@gmail.com
Treasurer	Marguerite Dow	5 Ina Way, Waterboro, ME	207-602-8174	Marguerite1029@gmail.com
Director	Nancy Phillips	2 Chantelle Way, Saco, ME	207-282-5184	nphillips42546@gmail.com
Director	Ann Milliard -	26 Lower Beach Road, Saco, ME	207-590-1449	acmrpm@gmail.com
Director	Mignonne Lamb	216 Ferry Road, Saco, ME	207-282-7321	
Director, IPP	Lucille Prescott	45 Liberty Acres Drive, Biddeford, ME	207-282-3037	lprescott@roadrunner.com
Editor	Judy Cadorette	12 Porter St. Biddeford ME	207-282-1433	rayandjudy123@gmail.com

PRESIDENT'S MESSAGE



Summer is here. Altrusa has had a busy month. We had a very successful yard sale. We will make close to \$3,000.00. It was a LOT of work. Denise spent a lot of time with Mel's family, packing and distributing clothes etc. to various nonprofits. Then we lugged the goods to Kennedy School Friday night. Thanks to all our volunteers. We could not have made it without you. Then Sat the yard sale. We then packed everything up and brought it to the storage facility. As we were leaving, I noticed Denise and Sarah taking down the signs. The following Weds. we dropped off the trailer and several trucks full of goods to be stored at Ray Cadorette Jr. 's garage. I am sure everybody was as exhausted as I was,

Then Monday night we had a business meeting at Wardwell. followed by a board meeting with lively discussions on the following Tuesday. The next Monday the meeting was held at Duffy's and we were able to finish our policies and procedures which had been postponed for several months.

Let us not forget the Relay for Life and La Kermesse also happening this month. I am sure everybody is looking forward to a summer break with a PURELY social gathering on July 15th. The menu will be steak, Sharon's lemon chicken, macaroni and cheese, cukes, tomatoes and strawberry shortcake for dessert with of course Marguerite's biscuits. If anyone wants to bring appetizers you are welcome to do so. Please try to not have to use the oven as the macaroni and cheese, will be cooking. We will provide soda. Water, coffee, and tea. You are more than welcome to bring wine or anything else you would like to drink.

We will start the year officially in August with a planning meeting. We will have 5 committee meetings as an entire club. I will email you all the strategic plans, evaluations and surveys after the July get together for your review beforehand. There will be no votes taken, just discussions and ideas for the committees to ponder at the September meeting. The 5 categories will be Communications, Finance, Membership, Service and Operations. There will be a light dinner hosted by the Service committee.

Looking forward to seeing everybody in July. I would like to thank my board for helping make this a great year to be president.

UPCOMING EVENTS

MARK YOUR CALENDARS

Bon Appetit: July 29, 30, 31

July 15, 2019 Social meeting at the home of Marguerite and Rita in Waterboro

July 17, 2019 International Convention, Reno Nevada

August 12, 2019, Business meeting at the Wardwell

Note: There will be no August newsletter

Happy Birthday to You



Rita Cote, 7/6
Phyllis McCullough, 7/6
Phyllis Dunitz, 7/26

ALTRUSA HOURS OF SERVICE FOR JUNE, 2019

ALTRUSA WORK / ALTRUSANS IN THE COMMUNITY / ALTRUSA VOLUNTEERS		
111	87	61

Smile a While

Salad
From Doris Roland

Do you know when you buy a bag of salad and it turns all brown and soggy? Cookies don't do that!

Thanks to Phyllis Dunitz

Altrusa Club of Biddeford-Saco Minutes June 10th, 2019
Business Meeting - Wardwell

Saco, Maine

Present: Rita Cote, Sarah Moore, Denise Doyon, Marguerite Dow, Claudette Nadeau, Martha Taylor, Bella Cowan, Laura Cortright, Lynn Steed, Ann Milliard, Beverly Stoops, Lucille Prescott, Mickey Lamb, Robin Huntley, Sandy McKenney, Judy Cadorette, Phyllis Dunitz and Sharon Staz.

Absent: Nancy Phillips, Phyllis McCullough, Ray Cadorette and Sarah-Jane Poli.

President Rita Cote called the meeting to order at 7:15 p.m.

Guests: NONE

Rita referred the members to the minutes of May 13th, 2019. Phyllis Dunitz made a motion to accept the minutes as presented. Robin seconded the motion and it passed unanimously.

Correspondence: Marguerite read a letter she received from the woman who spoke to us about the Locker Project. She thanked us for our financial support and our interest in working with her in the future.

Leaders in Service: Laura announced that a co-worker of hers has been diagnosed with cancer. U.S. Felt is having a fund-raising dinner on June 22nd on his behalf at the Alfred Parish Church on Kennebunk Road in Alfred from 4:30 to 7:00. A spaghetti dinner will be available from 5 to 6:30, all are welcome.

Phyllis Dunitz made an announcement that the Patient Family Advisory Council is always seeking members. They meet the 2nd Wednesday of the month at the hospital.

Treasurer's Report: Rita stated that the Treasurer's report is incomplete. However, the operating account has income of around \$1,200 with expenses that are higher so it is expected to be in the red at year end. The Service Committee has approximately \$3,321 in unspent money for the current year. With the money raised for Service they will have over \$7,000 to spend in fiscal year 2019-2020. A member asked (I believe it was Sandy) why not invest the money if the Club isn't going to spend it? A brief answer was that interest rates are so low it isn't worth the record keeping. Discussion indicated that the Club should look into some way to make money on the money it has sitting in the bank.

Committee Reports:

Communications: Judy reported that a photo of Denise along with an article about her being the recipient of the Gaby Crepeau Award was submitted to the press. Also, photos and a brief announcement of our scholarship winners were submitted. However, none of this press made it into published papers. She also stated that several ads placed for the Yard Sale were either run on the wrong days or not run at all. Members expressed frustration that the local papers were not using our material and therefore we were not getting the publicity and recognition that we deserve. Judy noted that a flag and a banner were needed plus the marching flag needs to be replaced to include the word "greater" in our name. Vote postponed. Rita bought up the content for the June 25th meeting. Phyllis Dunitz made a motion to purchase a flag with the name Altrusa on it with our logo. Robin seconded the motion adding the cost should be approximately \$110.00. The motion passed unanimously. Marguerite made a motion to purchase a 2 x 3 or 3 x 5 banner (the same size as we currently have) after some discussion. Ann seconded the motion adding the word "greater" to our name. The motion passed unanimously.

Finance: Marguerite stated that a huge thank you was due to all for the enormous effort put forth for the **Yard Sale**, 2019



Sandy, Laura & Marguerite



Shoppers!



Rita and Sharon

Josh, one of Lucille's grandsons, was especially noted for his hard work. Discussion started about the work effort, whether we should continue a yard sale and it was noted that discussion will be held later. Marguerite also wanted everyone to know that her address is 54 Ina Way, POB 8 in North Waterboro as mail has been going to the wrong address. There will be a fund-raising dinner at 99's in Biddeford on June 25th. 99 will donate 15 % of the total bill including alcoholic beverages and gift certificates to the Club. She reported thank you notes were being sent on behalf of the yard sale. Phyllis Dunitz asked if an account could be open at Biddeford Recycling for bottle returns as it is easier for her to utilize that facility versus Hannaford. This will be considered.

Membership: Ann indicated that there was not a lot to report. There are two persons who may be potential members that the committee has been in touch with. They will be "put on hold" till the fall. She thanked Lynn Steed for putting the Club in touch with Zaffie. The interview of the 3 Club members is being streamed on either channel 1301 or 1302 or several members have cd's if you would like to view the program.

Recycling/Grants/Misc.: Denise announced that she had a lot of bottles of perfume, many of them unopened that were recovered from Mel's home. Anyone interested in them should see her after the meeting. She, Lucille and Bev have another batch of 25 items each ready for the NAP International Program. When asked what was included, she stated baby knit hats, blankets, 2 diapers, beanie babies and bulb syringes. Denise also reported that she took all the pocket books from the yard sale as she has connected with a person who cleans them up, fills them with personal toiletries and distributes them to persons in need. This will be a future project for Club members.

Service: Laura reported that June 12th from 8 to 12 noon is RIF at the Young School. Sandy reported that **Relay**



Sandy & Laura



Survivor Bev, Lucille & Denise



**Linda Hennebury
sent her spirit to be with us
through her son Jimmy.**

is Saturday June 15th in Wells starting at 2 p.m. and ending at approximately 10:30 p.m. The Club will sell finger sandwiches along with chips and a beverage. It will be a small relay this year and is very much unorganized. A beach theme has been established so bring whatever you want to mimic that theme. Canned goods are being requested to hold down the luminary bags. They will be donated to Bon Appetite after the event. The following weekend we have a table at the Biddeford Heritage Council tent for Friday, Saturday and Sunday for **La Kermesse** – a sign-up sheet will be sent out.

Marguerite and President Rita at our information table at La Kermesse.

Judy reminded everyone that there is an admission fee – she has purchased 3 entrance pins that will be available to the shifts. Please pick them up from her front porch and return when you have finished so the next person will have them. The Altrusa dinner at Bon Appetit has been postponed.

Other club info/activities:

Rita announced that the **Board** will sponsor the meeting on June 25th and the program will be Club issues.

Sarah Moore announced that she has booked the appropriate Monday evenings for our meetings at the Wardwell.



Ann reminded everyone that Tools for Schools has begun registration for the back packs. The goal is to distribute 1,200 filled back packs this year. Sharon made a motion that the Club provide \$500 to the United Way for the purchase of items for the back packs. Ann seconded the motion. The motion passed unanimously. Ann asked that members be as generous as they have in the past and bring all items to the dinner meeting on the 15th of July. Distribution will be near the end of August – sign-up sheets to be sent via email.

Rita stated that policies and procedures will be dealt with at the next meeting.

BAGS AND BAGS AND MORE BAGS!!!!!!!

On June 20th, several members gathered at the home of Judy Cadorette to fill up 10 more of our NAP bags for Southern Maine Health Care Hospital and also to fill up purses for Project Purse Maine. PPM collects gently used purses, filling them with travel-size toiletries and distributing them to homeless women and other women in need.



Sharon lovingly displays a tiny dress for our NAP bags.



Our purses were filled very generously by members Marguerite, Sandy, Sharon, Rita, Nancy, Lynn, & Claudette

Discussion on yard sale:

Rita moved to open discussion on the Yard Sale. She estimated that 96% of the members participated which is huge. Spouses, other family members and friends also pitched in working on donations, pricing, lifting & lugging. Many people are expressing that they cannot work on another yard sale in the future. This one so far has a net gain of \$2,927.65. Most of our yard sales have a net gain of around \$1,500. In comparison, the dinner at Applebee's netted \$79.50 plus a \$50.00 donation. There is a question as to whether the family that has been taking our stuff will want it in the future or even this year. Claudie said it was a lot of work. That we had too much stuff we sold cheap – that she and Maurice could not do it again. Marguerite stated it was a lot of work and extreme exertion for her. Not sure she could do it again. Sandy stated there were pros and cons – our sale is well established and has a good reputation however it was physically demanding. Denise dittoed. Robin said she has no answer. Is there a more efficient way to do the sale? Have a smaller sale with higher quality? Martha said she has hit 81 and purged 17 years ago. Sarah stated she has strong reservations about doing it again. Ann volunteered Rick as she had a graduation to attend. Both would do it again. Ann suggested everyone write a check as opposed to doing all the work. Judy agreed that she would donate not to have a yard sale again. Phyllis D had no comment as she couldn't help and wasn't there. Bev, no comment. Mickey stated she was very tired from it – handling the heavy books was tough. "We're all old women now." Lucille, I agree that this was exhausting – reservations about doing it again. Sharon, no comment. Laura, no comment. Rita announced that all the books are in Martha's home or garage.

The Dyer Library book sale is in July.

Rita finished the Leadership Series with "What is the role of a Director?" Director's help Clubs make decisions. They are not dictators. They are to assist with the governing of the Club. They are there to assist the Club President.

Rita announced that another \$80.00 has been received in Mel's memory. So, a total of \$480 is available to the Club with the remainder of the money being available for the Service Committee. Sharon made a motion that members designate where they want their money to be spent – for operating projects or service projects. Judy seconded the motion and it passed unanimously.

The June 24th meeting will be at Duffy's. There will be some business conducted.

The August 12th meeting will be at the Wardwell. The Service Committee will be in charge of light refreshments i.e. finger sandwiches, chips, beverage and dessert. It will be an all committee meeting.
Rita will hold a Board meeting at her home on the lake on June 18th. An email will be sent with the details.
Judy made a motion to adjourn, Lucille seconded the motion and all agreed at 8:30 p.m.

Respectfully submitted,
Sharon A. Staz
Co-Secretary

Board Meeting – Tuesday June 18th, 2019

Home of Rita and Marguerite

Present: Marguerite, Rita, Lucille, Mickey, Ann, Nancy, Laura, Sandy, Judy, Denise and Sharon

Rita began the meeting at 5:50 after those present enjoyed a delightful dinner provided by Marguerite. **(Thank you again)!!!!**

Rita announced that there are three returned checks from the Yard Sale – all from the same person. She is in communication with the bank to determine when sufficient funds will be in the account so the checks can be redeposited and covered.

First on the agenda was a discussion of the meeting schedule. Rita would like to business meetings to start with committee meetings at 6 p.m. **Members should arrive for the dinner meetings starting at 5:30 so dinner can be served at 6:00 p.m. Duffy's has been serving later and later and we need to correct this by being on time.** Some committees may choose to meet at 5:30 on business meeting nights. The room at the Wardwell is available. Sharon questioned why two meetings were on the schedule for May. The schedule was corrected to one meeting that will be a dinner meeting to award the scholarships, induction of officers and a brief business meeting if needed. This August will be a planning meeting. June 24th will be dinner followed by a review of policies and procedures, possibly the strategic plan and a review of the inventory of items in member's possession. Rita asked is anyone wanted to move the dinner meetings from Duffy's. One member present indicated they weren't happy with the food but everyone else indicated they were okay.

Rita stated that we need to discuss the whole recording of volunteer hours as the book isn't working. Members are not recording their hours. Some indicated that the labels are still confusing – it was explained that members are to record service to the community, service to Altrusa, and work for Altrusa. The reporting period being requested was/is also confusing. It was expressed that Mel's' reminder sheet was good. Someone brought up using a Cloud account that all could use. Denise indicated that she had Mel's files and she would be responsible for sending out a sheet with a reminder of the Club activities and whatever else might be needed. Members could respond by email as well and Rita will make a master record.

The funds collected at the July dinner (minimum of twenty dollars) will be credited to the operating account.

The funds collected at the August dinner will go into the Crepeau / Davenport fund.

Rita stated that the operating account ended the year \$600 in the red due mainly to paying for speakers at dinner meetings and the new name tags. Speakers will be paid for out of the Service Committee funds based on a vote taken in the 2018-2019 fiscal year. Delegate funding will be discussed at the June 24th meeting. The Service Committee will have \$10,334 to spend for fiscal year 2019 – 2020. The issue of whether any of the money can be invested while waiting to be spent was raised again.

One member interjected that two large organizations are being dissolved and may be a target for obtaining new members for Altrusa. Those groups are the Southern Maine Health Care Auxiliary and the Daughters of Isabella.

The Board returned to a discussion on the money issues facing the Club. How do we get money for operating expenses, potential membership expenses, or other non-service items? It was restated that any funds raised from the outside community cannot benefit the Club. It was suggested that potential members be invited to an event. Ann stated she had reached out to the Interact Club but it was around graduation time and no one was available. Judy reminded us that Interact is sponsored by Rotary. Nancy described a Trivia night done by the Town of Billerica that raises a great deal of money. The Club not only needs to get new members it needs to retain members. More discussion on membership continued with suggestions that perhaps we needed to try new venues for meetings; perhaps the Club members needed to attend different meetings of other groups to recruit members; it was suggested that the Membership Chair reach out to the Greater Hartford Club to find out why they organized and what motivates them.

Rita brought up the topic of the "health of the Club". It was agreed that our target is membership. A question

was raised as to whether anyone was receiving complaints. Some members feel they are being asked to do too much. Rita questioned whether Service projects are getting so big that we need to appoint specific members to be in charge of specific programs and not leave it all to the Chair. Laura ask for more detail. Rita suggested that perhaps the NAP program isn't being used to its best potential. Sharon suggested that Lucille, she and Laura get together and report back to the Board if any changes are needed.

The meeting ended at 7:38 p. m.

Submitted by
Sharon A. Staz
Co-Secretary

Meeting notes – Duffy's June 24

Policies were discussed and voted on.

A motion was made by Lucille and was then amended to state that the Crepeau - Davenport fund be used to fund meal and registration costs at conferences and workshop for "1st timers" as well as delegates. Nancy 2nd.

A motion was made for policy 1 to leave "as is" by Denise Doyon and Phyllis Dunitz.

A vote was taken to accept all as amended – accepted except for one abstain.

Sorry for the lack of detail but I lost the policy sheet and a page out of my notebook, so doing this mostly from memory.
Sandy

ONGOING PROJECTS

RECYCLING FOR GOOD: Denise continues our recycling program, adding a few things: Ink cartridges, New or used DVD's, Cell phones, Old jeans, I-Pods, Reusable Grocery Bags (for Food Pantry), Books-children and adults, Beanie Babies, used towels, Old VHS tapes, Medical Supplies/Equipment, Eyeglasses, Shoes, Pocketbooks, Toiletries (small sizes to put in pocketbooks), used greeting cards. This is all part of our "Recycling—for good" project. Thought members might find some of this stuff when spring cleaning or when sorting for yard sale items. Denise

NAP INTERNATIONAL: For NAP International we are collecting receiving blankets, newborn disposable diapers (2 per kit), bulb syringes, newborn hats and beanie babies. The current plan is to deliver them in batches of 25 of each. Bev and I delivered the first batch on 4/24 before conference last month. Our contact at Partners for World Health is a volunteer by the name of Leslie Grimms Fisher. She is officially in charge of the ob/gyn projects. I asked if she wanted us to collate the items in kits and she said she prefers to receive them separately. She will add all the medical supplies needed at delivery time and form the kits herself. The kits are being delivered by the volunteer medical teams themselves when they visit these African countries to run clinics. They bring extra duffle bags. The expectant mothers come to the clinic to be checked out, watch videos in their own language on how to take care of themselves during the delivery and then are given a kit to take home. The expectation is that they will deliver the child at home and hopefully the items in the kit will help prevent infections and/or complications. At the club level, Lucille and Bev will "collect and store" the items. We've found a Amazon source for the bulb syringes. We were able to get 30 for \$53 and they are all individually wrapped! We'll need receiving blankets, newborn hats, newborn diapers (only 2 per kit) and whatever used beanie babies we can find in our collections. Any questions, let me know. Denise

DISTRICT ONE NEWS:

Governor's Message

Welcome to a New Biennium! Thank you for putting your faith in me and the District Leadership Team: Lighting the Way... for Leaders in Service! That's my plan for this biennium... to Light the Way. It is my hope that many will step up and follow us!!!

After the Installation Banquet, we sent home the lantern centerpiece with each club so you could **Light the Way** back home and share all you learned and experienced with those who could not join us. Encourage them to come to Workshop and Conference next year!

I believe that all Altrusans have a lot of light to share... Everyone has talents that are intrinsic to our success as Altrusa Clubs and Districts... and when added together, we become invincible! Do you have:

- Financial aptitude?
- Organizational skills?
- Soliciting donations?
- Calming the waters when things go awry?
- Technical savvy?
- Creative ideas?
- Recruitment strategies?

Making everyone feel welcomed, wanted and needed? How will **YOUR LIGHT** shine on Altrusa activities this year?

Now is the time to make plans for a new year! Get involved. Let your Light shine!

Our next District Board meeting is on Please let me know if there is ANYTHING you need from your District Board!

In Altrusa Service,

Linda Ring, Governor District One

Send items to: altrusa.districtone.dsb@gmail.com



INTERNATIONAL NEWS:

International President Message:

The start of the new Altrusa year is upon us with new Club and District Board's installed and raring to go. Conference season was a great success with members around the organization provided a great opportunity to learn, share and celebrate with each other. The talking points shared by the International Representatives are being shared with all club presidents so that you can share these with your members. With so much happening across the organization it was probably quite hard to take it all in.

At the International level the biennium will draw to a close at the Reno Convention in July. President Elect Beverly Hardy and her program chairs have been working hard to provide a wonderful array of workshops for members and we have many inspirational speakers programmed as well. Added to this we have lots of opportunity to serve, have fun together and learn from each other. I hope that you will be able to join us. It has been an honor and a privilege to serve as your International President this biennium and I look forward to seeing Altrusa continue to thrive as we work together to make a difference in our communities.

Leanne

Leanne Milligan International President Altrusa International Inc

.... END....